

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:  
Meat/Meat Alternative;  
Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A  
1/2 CUP OF FRUIT OR VEGGIE!



HM= HOMEMADE/SCRATCH MADE V= VEGTARIAN E= CONTAINS EGG

4

Choice #1  
Oatmeal w/ Fruit  
Choice #2  
Cereal Bar w/ Fruit

**Only Secondary**  
English Muffin w/ Egg, Cheese  
Turkey Sausage & Tots

5

Choice#1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice#2  
Concha Bread  
w/ Fresh Fruit

6

Yogurt, Granola, Strawberry  
Parfait.  
(AD/DUV/HH/OHL/PV/WH only)

**Other Schools**  
Yogurt ,Granola,w/ Fresh Fruit  
Cereal w/ fresh fruit

7

Egg , Cheese & Potato Breakfast  
Burrito  
(HM/V/E)  
(AD/DUV/HH/OHL/PV/WH only)

**Other schools**  
Nutrigrain Bar w/ Fresh fruit  
Cereal w/ fresh fruit

**Only Secondary**  
Cinnamon Bun

1

Choice #1  
Confetti Pancakes

**Secondary Only**  
Ham & Cheese  
Croissant

Berry & Banana Smoothie

8

SD  
No School

11

Holiday  
No School

12

Choice#1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice#2  
Concha Bread  
w/ Fresh Fruit

13

Yogurt, Granola, Strawberry  
Parfait.  
(ESC/ELC/FM/BP/NIX/BRIO only)

**Other Schools**  
Yogurt ,Granola,w/ Fresh Fruit  
Cereal w/ fresh fruit

14

Egg , Cheese, Potato Breakfast Burrito  
(HM/V/E)  
(ELC/ESC/FM/BP/NIX/BRIO only)

**Other Schools**  
Nutrigrain Bar w/ Fresh fruit  
Cereal w/ fresh fruit

**Only Secondary**  
Cinnamon Bun

15

Choice #1  
Confetti Pancakes

**Secondary Only**  
Egg and Cheese Breakfast Burrito

Berry & Banana Smoothie

ALL ENTREES ARE OFFERED WITH FRESH FRUIT S & FRESH VEGETABLES AS WELL AS 1% WHITE MILK & NONFAT CHOCOLATE MILK

18

Choice #1  
Oatmeal w/ Fruit  
Choice #2  
Cereal Bar w/ Fruit

19

Choice#1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice#2  
Concha Bread  
w/ Fresh Fruit

20

Yogurt, Granola, Strawberry  
Parfait.  
(AD/DUV/HH/OHL/PV/WH only)

**Other Schools**  
Yogurt ,Granola,w/ Fresh Fruit  
Cereal w/ fresh fruit

Egg, Cheese, Potato Breakfast Burrito  
(HM/V/E)  
(AD/DUV/HH/OHL/PV/WH only)

**Other Schools**  
Nutrigrain Bar w/ Fresh fruit  
Cereal w/ fresh fruit

**Only Secondary**  
Cinnamon Bun

22

Choice #1  
Confetti Pancakes

**Secondary Only**  
Egg & Cheese Breakfast Burrito  
Berry & Banana Smoothie

25

Choice #1  
Oatmeal w/ Fruit

Choice #2  
Cereal Bar w/ Fruit

26

Choice#1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice#2  
Concha Bread  
w/ Fresh Fruit

27

Yogurt, Granola,  
Strawberry  
Parfait.  
(ESC/ELC/FM/BP/NIX/BRIO)

Yogurt ,Granola,w/ Fresh Fruit  
Cereal w/ fresh fruit

28

Egg, Cheese, Potato Breakfast Burrito  
(HM/V/E)  
(ELC/ESC/FM/BP/NIX/BRIO only)

**Other Schools**  
Nutrigrain Bar w/ Fresh fruit  
Cereal w/ fresh fruit

**Only Secondary**  
Cinnamon Bun

29

Choice #1  
Confetti Pancakes

**Secondary Only**  
Ham & Cheese  
Croissant

Berry & Banana Smoothie

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Choice #1  
Oatmeal w/ Fruit

Choice #2  
Cereal Bar w/ Fruit

6

Choice #1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice #2  
Concha Bread  
w/ Fresh Fruit

7

Yogurt, Granola, Strawberry Parfait.  
(ADD/DUV/HOO/OHL/PV/WH only)

Other Schools

Yogurt w/Granola & Fresh Fruit  
or Cereal w/ Fresh Fruit

8

Berry Banana Smoothie  
w/ Graham Cracker  
(ELC/ESC/FM/BP/NIX/BRIO only)

Other Schools

Nutrigrain Bar w/ Fresh Fruit  
or Cereal w/ fresh fruit

**Only Secondary**  
Cinnamon Bun

9

Choice #1  
Confetti Pancakes

**Secondary Only**  
Egg and Cheese Breakfast Burrito  
Berry & Banana Smoothie

12

Choice #1  
Oatmeal w/ Fruit

Choice #2  
Cereal Bar w/ Fruit

13

Choice #1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice #2  
Concha Bread  
w/ Fresh Fruit

14

Yogurt, Granola, Strawberry Parfait.  
(ESC/ELC/FM/BP/NIX/BRIO only)

Other Schools

Yogurt w/Granola & Fresh Fruit  
or Cereal w/ Fresh Fruit

15

Berry Banana Smoothie  
w/ Graham Cracker  
(ELC/ESC/FM/BP/NIX/BRIO only)

Other Schools

Nutrigrain Bar w/ Fresh Fruit  
or Cereal w/ Fresh Fruit

**Only Secondary**  
Cinnamon Bun

16

HOLIDAY  
SCHOOL CLOSED

ALL ENTREES ARE OFFERED WITH FRESH FRUIT S & FRESH VEGETABLES AS WELL AS 1% WHITE MILK & NONFAT CHOCOLATE MILK

19

HOLIDAY  
SCHOOL CLOSED

20

Choice #1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice #2  
Concha Bread  
w/ Fresh Fruit

21

Yogurt, Granola, Strawberry Parfait.  
(ADD/DUV/HOO/OHL/PV/WH only)

Other Schools

Yogurt w/Granola & Fresh Fruit  
or Cereal w/ Fresh Fruit

22

Berry Banana Smoothie  
w/ Graham Cracker  
(ADD/DUV/HOO/OHL/PV/WH only)

Other Schools

Nutrigrain Bar & Fresh Fruit  
or Cereal w/ Fresh Fruit

**Only Secondary**  
Cinnamon Bun

23

Choice #1  
Confetti Pancakes

**Secondary Only**  
Egg & Cheese Breakfast Burrito  
Berry & Banana Smoothie

26

Choice #1  
Oatmeal w/ Fruit

Choice #2  
Cereal Bar w/ Fruit

27

Choice #1  
Guilliano's Bagel  
w/ Cream Cheese  
& Fresh Fruit

Choice #2  
Concha Bread  
w/ Fresh Fruit

28

Yogurt, Granola, Strawberry Parfait.  
(ESC/ELC/FM/BP/NIX/BRIO only)

Other Schools

Yogurt w/Granola & Fresh Fruit  
or Cereal w/ Fresh Fruit

29

Berry Banana Smoothie  
w/ Graham Cracker  
(ELC/ESC/FM/BP/NIX/BRIO only)

Other Schools

Nutrigrain Bar & Fresh Fruit  
or Cereal w/ fresh fruit

**Only Secondary**  
Cinnamon Bun