Our mission is to provide all students with an exemplary college preparatory education so they can succeed in college, career, and life.

The Bellevue School District Mission:
- To provide all students with an exemplary college preparatory education so they can succeed in college, career, and life.

Board Presentation by: Sharon Kautz, Liz Ritz, Randi Peterson & Wendy Powell

Social Emotional Learning
Positive & Productive Life Initiative

Preparing students for a positive and productive life through the development of interpersonal skills and a commitment to the community.

Positive and Productive Life
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Academic Success

- CASEL Meta-analysis (213 students 270,000 K-12 students) by Durlak, Weissberg et al. 2011):
  - 9% improvement in classroom behavior
  - 11% improvement in achievement test scores
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College & Career Ready

- CASEL Meta-analysis (213 students, 270,000 K-12 students) by Durlak, Weissberg et al. (2011):
  - 23% improvement in social and emotional skills
  - 10% decrease in emotional distress, such as anxiety and depression
Positive & Productive Life

• CASEL Meta-analysis (213 students 270,000 K-12 students) by Durlak, Weissberg et al. 2011):
  • 9% improvement in attitudes about self, others and school
  • 9% decrease in conduct problems, such as classroom misbehavior and aggression

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Data

- BSD is collaborating with *Seattle Public Schools* and UW’s *3 Dimensions of Learning (3DL)* around SEL measures. This is cutting edge work.
- OSPI has developed a workgroup focused on P-12 SEL Benchmarks.
  - In December we presented to the workgroup about our work in BSD.
- We began using these tools this year and are still gathering data
  - K-5 DESSA-mini Universal Screener (new in 2015-16)
  - SEL on report cards (new in 2015-16)
  - ZooU (experimental use in 2016, supplemental intervention for 2016-17)
  - Panorama (new in Spring of 2015)
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Nationally students are saying....

Yale Center of Emotional Intelligence’s *Emotion Revolution*, in collaboration with *Lady Gaga*, surveyed 20,000 *high school* students...

80% said they feel...

*tired, stressed, and bored*

But they *want* to feel

*connected, supported, inspired,*

*empowered, respected, valued,*

*motivated, happy,*

*safe & balanced!*

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<table>
<thead>
<tr>
<th>Program</th>
<th>Social Emotional Learning Curriculum Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Early Learning</strong></td>
<td></td>
</tr>
<tr>
<td>Headstart</td>
<td>Second Step Core Program</td>
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<tr>
<td></td>
<td>Child Protection Unit (CPU)</td>
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<tr>
<td>ECEAP</td>
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</tr>
<tr>
<td>Preschool</td>
<td>Second Step Core Program</td>
</tr>
<tr>
<td>PALs Preschool</td>
<td>Second Step Core Program (new in fall of 2016)</td>
</tr>
<tr>
<td><strong>Elementary School</strong></td>
<td></td>
</tr>
<tr>
<td>Primary (K-2)</td>
<td>Second Step Core Program</td>
</tr>
<tr>
<td></td>
<td>Child Protection Unit (CPU)</td>
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<tr>
<td>Intermediate (3-5)</td>
<td>The RULER Approach</td>
</tr>
</tbody>
</table>
| Supplemental Intervention (2\(^{nd}\) – 5\(^{th}\) Grade) | ZooU (new in fall 2016)  
  • Online assessment and skill builder |
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<table>
<thead>
<tr>
<th>2014-2016 Virtues</th>
<th>2016-2018 Virtues</th>
</tr>
</thead>
<tbody>
<tr>
<td>September: Respect</td>
<td></td>
</tr>
<tr>
<td>October: Cooperation</td>
<td></td>
</tr>
<tr>
<td>November: Thankfulness</td>
<td></td>
</tr>
<tr>
<td>December: Compassion</td>
<td></td>
</tr>
<tr>
<td>January: Kindness</td>
<td></td>
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<tr>
<td>February: Integrity</td>
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<tr>
<td>March: Forgiveness</td>
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<tr>
<td>April: Confidence</td>
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<tr>
<td>May: Perseverance</td>
<td></td>
</tr>
<tr>
<td>June: Courage</td>
<td></td>
</tr>
</tbody>
</table>

P-5 Virtues
## 6-12 SEL Curriculum Update

| Middle School | **Implementation Team** forming. Purpose: to discuss the “how, when and where” for lesson delivery within middle school buildings. Team to form and meet once in May and continue working 2016-17.  
**Adoption Committee** to present curriculum recommendation to Instructional Materials Committee (IMC) upon recommendations from Implementation Team. |
| High School | **Adoption Committee** formed in January, 2016. Work to continue into next year. Focus group work currently underway to gain voice from stakeholders (educators, students, parents/guardians and community members). |

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Houston Kraft “Character Strong”

- BSF Funded
- 2015-2016
  - All 7 middle schools:
    - Full School Assembly
    - Family Presentation
- 2016-2017
  - Full Day at each school which may include a full school assembly, student workshops, staff development time, family presentation
  - Essentials posters printed for every secondary classroom
- Character Strong “Dare” curriculum available as a supplement

Character Strong

K: kindness
P: patience
S: selflessness
C: commitment
H: honesty
R: respect
Hu: humility
F: forgiveness
# Making Connections: Elementary

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<thead>
<tr>
<th>Component</th>
<th>How it Connects to Positive and Productive Life:</th>
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<td>SEL</td>
<td>An <em>Individual's</em> Emotional Intelligence (both student and adults); these skills will be improved through our SEL curriculum.</td>
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<td>PCM</td>
<td>The <em>Classroom's</em> Emotional Intelligence (as a system); this is how the classroom is “run” in a positive, engaging, and pro-social way</td>
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<tr>
<td>PBIS</td>
<td>The <em>School's</em> Emotional Intelligence (as a system); this is the positive culture &amp; climate of the school.</td>
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<tr>
<td>Virtues Project</td>
<td><em>Character Development</em>: this provides <em>opportunities</em> for students and adults to put their new Social Emotional “muscles” into practice. This also compliments the Commitment to the Community portion of PPL Initiative (Social Studies curriculum).</td>
</tr>
<tr>
<td>Talking Circles</td>
<td>Some schools are exploring how to use Talking Circles and Restorative Practice to assist in <em>conflict resolution</em>.</td>
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## Making Connections: Secondary

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<td><strong>Houston Kraft &amp; Commitment to the Community</strong></td>
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<tr>
<td><strong>Restorative Practices</strong></td>
<td>Some schools are exploring how to use Restorative Practices, Peer-Mediation, and Talking Circles to assist in <em>conflict resolution</em>. More work on this in 2016-17.</td>
</tr>
</tbody>
</table>

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Secondary Next Steps

• **Middle School**
  • Forming Implementation Team
    • The “who, when, where, how” on content delivery
    • Integration in all contents
    • Readiness of staff
  • Houston Kraft & Character Strong supplemental curriculum

• **High School**
  • Curriculum Adoption Committee Continues
    • *Belonging and Becoming Book* Study
  • Character Strong supplemental curriculum

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Challenges & Opportunities

• Implementation of SEL at the secondary level
  • When?
  • Where?
  • Who?
  • Critical: training!
    • All teachers and staff (including classified, guest teachers, transportation, nutritional services, custodial staff, etc.)
  • How to fully integrate into all content naturally and with authentic, relevant connections

• Keeping families & community involved, connected and participating in Social Emotional Learning
Questions?

For additional information regarding this presentation contact:

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425-456-4165

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