



Palo Alto Unified School District Elementary & Middle School BRUNCH Menu January 2018

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday 1-8	Tuesday 1-9	Wednesday 1-10	Thursday 1-11	Friday 1-12
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	WG Egg & Cheese Taco with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers Yogurt Parfait	Egg, Sausage & Cheese w/Biscuit Otis Muffin with Cheese Stick Assorted Cereal or Oatmeal & String Cheese	Mini Blueberry Pancakes w/ Turkey Sausage Bagel w/Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 1-15	Tuesday 1-16	Wednesday 1-17	Thursday 1-18	Friday 1-19
Belgian Waffle Sticks with Turkey Sausage Cherry Frudel Assorted Cereal or Oatmeal & String Cheese	WG Egg & Cheese Sandwich with Tater Tots Cinnamon Superstix Assorted Cereal or Oatmeal & Graham Crackers	Chicken & Waffles Assorted Cereal or Oatmeal & String Cheese Yogurt/ Parfait	Breakfast Burrito with Tater Tots Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 1-22	Tuesday 1-23	Wednesday 1-24	Thursday 1-25	Friday 1-26
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	WG Egg & Cheese Taco with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers Yogurt Parfait	Egg, Sausage & Cheese w/Biscuit Otis Muffin with Cheese Stick Assorted Cereal or Oatmeal & String Cheese	Mini Blueberry Pancakes w/ Turkey Sausage Bagel w/Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 1-29	Tuesday 1-30	Wednesday 1-31		
Belgian Waffle Sticks with Turkey Sausage Cherry Frudel Assorted Cereal or Oatmeal & String Cheese	WG Egg & Cheese Sandwich with Tater Tots Cinnamon Superstix Assorted Cereal or Oatmeal & Graham Crackers	Chicken & Waffles Assorted Cereal or Oatmeal & String Cheese Yogurt/ Parfait		

Winter Break—No School January 1st through January 5th

Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings
Apples Oranges Bananas Raisins Peaches	Apples Oranges Bananas Raisins Cantaloupe Cubes	Apples Oranges Bananas Raisins Kiwi	Apples Oranges Bananas Raisins Honeydew Cubes	Apples Oranges Bananas Raisins Cantaloupe Cubes

We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with **V**.



This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).





Palo Alto Unified School District Elementary & Middle School BRUNCH Menu December 2017

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Monday	Tuesday	Wednesday	Thursday	Friday 12-1
		Chicken & Waffles Assorted Cereal or Oatmeal & String Cheese Yogurt/ Parfait	Breakfast Burrito with Tater Tots Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 12-4	Tuesday 12-5	Wednesday 12-6	Thursday 12-7	Friday 12-8
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	WG Egg & Cheese Taco with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers Yogurt Parfait	Egg, Sausage & Cheese Otis Muffin with Cheese Stick Assorted Cereal or Oatmeal & String Cheese	Mini Blueberry Pancakes w/ Turkey Sausage Bagel w/Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 12-11	Tuesday 12-12	Wednesday 12-13	Thursday 12-14	Friday 12-15
Belgian Waffle Sticks with Turkey Sausage Cherry Frudel Assorted Cereal or Oatmeal & String Cheese	WG Egg & Cheese Sandwich with Tater Tots Cinnamon Superstix Assorted Cereal or Oatmeal & Graham Crackers	Chicken & Waffles Assorted Cereal or Oatmeal & String Cheese Yogurt/ Parfait	Breakfast Burrito with Tater Tots Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 12-18	Tuesday 12-19	Wednesday 12-20	Thursday 12-21	Friday 12-22
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	WG Egg & Cheese Taco with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers Yogurt Parfait	Egg, Sausage & Cheese Otis Muffin with Cheese Stick Assorted Cereal or Oatmeal & String Cheese	Mini Blueberry Pancakes w/ Turkey Sausage Bagel w/Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	No School Winter Holiday Break Begins
Winter Break—No School December 22nd through January 5th				
Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings
Apples Oranges Bananas Raisins Peaches	Apples Oranges Bananas Raisins Cantaloupe Cubes	Apples Oranges Bananas Raisins Kiwi	Apples Oranges Bananas Raisins Honeydew Cubes	Apples Oranges Bananas Raisins Cantaloupe Cubes



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