



Palo Alto Unified School District Elementary & Middle BRUNCH Menu August 2017

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday	Tuesday 8-15	Wednesday 8-16	Thursday 8-17	Friday 8-18
	WG Egg & Cheese Taco Yogurt Parfait Assorted Cereal or Oatmeal & Graham Crackers	Ham, Egg, Cheese English Muffin with Tater Tots Otis Muffin with Cheese Stick Assorted Cereal or Oatmeal & String Cheese	Mini Blueberry Pancakes with Turkey Sausage Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 8-21	Tuesday 8-22	Wednesday 8-23	Thursday 8-24	Friday 8-25
Belgian Waffle Sticks with Turkey Sausage Cherry Frudel Assorted Cereal or Oatmeal & Sunflower Seeds	Egg & Cheese Sandwich with Tater Tots Cinnamon Superstix Assorted Cereal or Oatmeal & Graham Crackers	Chicken & Waffles Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Breakfast Burrito with Tater Tots Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Apple Bosco Stick Benefit Bar Assorted Cereal or Oatmeal & String Cheese
Monday 8-28	Tuesday 8-29	Wednesday 8-30	Thursday 8-31	
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & String Cheese	WG Egg & Cheese Taco Yogurt Parfait Assorted Cereal or Oatmeal & Graham Crackers	Ham, Egg, Cheese English muffin with Tater Tots Otis Muffin with Cheese Stick Assorted Cereal or Oatmeal & String Cheese	Mini Blueberry Pancakes with Turkey Sausage Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	
Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings
Apples Oranges Bananas Raisins Peaches	Apples Oranges Bananas Raisins Cantaloupe Cubes	Apples Oranges Bananas Raisins Kiwi	Apples Oranges Bananas Raisins Honeydew Cubes	Apples Oranges Bananas Raisins Cantaloupe Cubes



We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no arti-

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