

Palo Alto

Unified School District

**CONSENT FOR THE CALIFORNIA HEALTHY KIDS SURVEY
2017-18 SCHOOL YEAR
MIDDLE SCHOOL**

Dear Parent or Guardian:

Your child is being asked to be a part of our school's California Healthy Kids Survey (CHKS) sponsored by the California Department of Education. The surveys will be administered during the window of October 30th - November 17th and will take about one class period to complete. The CHKS is instrumental in helping our school promote better health and wellbeing among our youth, improve the school learning environment and address problems such as drug use/abuse and violence.

The CHKS gathers information on developmental supports provided to youth; school connectedness and barriers to learning; school safety; and health-related concerns such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and risk of depression and perceived sexual orientation and behaviors.

The survey was developed by WestEd, a public, non-profit educational institution. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in 14 years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

Although this survey is optional, we highly value your student feedback and encourage your student to participate. If you would like to opt your child out from participating in this survey, you must notify your school by returning the bottom portion of this form to the school office.

If you have any questions about this survey, please contact Myrna Zendejas, District Social Worker, (650) 329-3986.

CHKS Withdrawal Form

By returning this form, I **do not give permission** for my child to be in the California Healthy Kids Survey.

(Please Print)

My child's name is: _____ Grade: _____

Parent Signature: _____ Date: _____



Wellness & Support Services
25 Churchill Avenue
Palo Alto, CA 94306
Tel. 650-833-4205