



**Palo Alto Unified School District  
Secondary Schools  
Custom Survey Questions for California Healthy Kids Survey  
2013-2014**

*Circle the letter that best describes you.*

1. I know where to go for help with a problem.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
2. When I need help, I find someone to talk with.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
3. I try to understand how other people feel and think.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
4. There is a purpose to my life.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
5. I understand my moods and feelings.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true

6. I have a friend my own age who really cares about me.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
7. In my home, there is a parent or some other adult who talks with me about my problems.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
8. In my home, there is a parent or some other adult who always wants me to do my best.
  - a. Not at all true
  - b. A little true
  - c. Pretty much true
  - d. Very much true
  
9. During the past 12 months, did you ever think about killing yourself?
  - a. Yes
  - b. No
  
10. During the past 12 months, did you make a plan about how you would like to kill yourself?
  - a. Yes
  - b. No
  
11. Have you ever tried to kill yourself?
  - a. Yes
  - b. No
  
12. Teachers and other adults at this school treat all students with respect.
  - a. Strongly disagree
  - b. Disagree
  - c. Neither disagree nor agree
  - d. Agree
  - e. Strongly agree
  
13. Teachers and other adults encourage me to work hard in school so I can be successful in college or at the job I choose.
  - a. Strongly disagree
  - b. Disagree
  - c. Neither disagree nor agree
  - d. Agree
  - e. Strongly agree

14. The teachers and other adults work hard to help me with my schoolwork when I need it.
- Strongly disagree
  - Disagree
  - Neither disagree nor agree
  - Agree
  - Strongly agree
15. Teachers show how classroom lessons are important and helpful to me in real life.
- Strongly disagree
  - Disagree
  - Neither disagree nor agree
  - Agree
  - Strongly agree
16. Teachers give me a chance to take part in classroom discussions or activities.
- Strongly disagree
  - Disagree
  - Neither disagree nor agree
  - Agree
  - Strongly agree
17. The books and lessons in my classes include examples of my race or ethnic background.
- Strongly disagree
  - Disagree
  - Neither disagree nor agree
  - Agree
  - Strongly agree
18. All students are treated fairly when they break the rules.
- Strongly disagree
  - Disagree
  - Neither disagree nor agree
  - Agree
  - Strongly agree
19. I have been disrespected or mistreated by an adult at this school because of my race, ethnicity, or nationality.
- Strongly disagree
  - Disagree
  - Neither disagree nor agree
  - Agree
  - Strongly agree

20. There is a lot of tension in this school between different cultures, races, or ethnicities.

- a. Strongly disagree
- b. Disagree
- c. Neither disagree nor agree
- d. Agree
- e. Strongly agree

21. The schoolyard and buildings are clean and in good condition.

- a. Strongly disagree
- b. Disagree
- c. Neither disagree nor agree
- d. Agree
- e. Strongly agree

*Put an X in the box that best describes you.*

22. Outside of my home and school, there is an adult...

	Not true at all	A little true	Pretty much true	Very much true
Who really cares about me.				
Who tells me when I do a good job.				
Who notices when I am upset about something.				
Who believes that I will be a success.				
Who always wants me to do my best.				
Whom I trust.				

23. Outside of my home and school...

	Not true at all	A little true	Pretty much true	Very much true
I am part of clubs/sports teams, church/temple, or other group activities.				
I am involved in music, art, literature, sports, or a hobby.				
I help other people.				