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Select your favorite entrée and seasonal fruits & vegetables from the Garden Bar, Thursdays feature all **locally grown fruits and vegetables**. **Organic produce used when available**. Low-fat or fat-free, hormone free milk is included with all meals. All breads are rich in whole grains. A meal includes an entrée, fruit and vegetable selection.

	Monday	Tuesday	Wednesday	Thursday	Friday
 Offered With Fruit & Vegetable	Popcorn Chicken With Dinner Roll Mac & Cheese With Dinner Roll V	Chicken Drumstix, Mashed Potatoes With Dinner Roll Grilled Bean & Cheese Burrito V  	Beef Tacos  BBQ Chicken Sandwich 	Spaghetti with Meat or Marinara Sauce With Dinner Roll  Chicken Corn Dog	Philly Steak Sandwich  Spicy Chicken Tenders With Dinner Roll
 All Grill Items offered with Potato Wedges	100% Beef Cheeseburger Hamburger Spicy Black Bean Burger V	100% Beef Burger Spicy Black Bean Burger V Crispy Chicken Sandwich	100% Beef Cheeseburger Spicy Chicken Sandwich Spicy Black Bean Burger V	100% Beef Burger BBQ Turkey Burger Spicy Black Bean Burger V	100% Beef Cheeseburger Grilled Cheese Sandwich Spicy Black Bean Burger V
BUILD TO ORDER BARS	BURRITO BOWL BAR  V	ASIAN CHICKEN BOWL 	BAKED POTATO BAR  V	MADE TO ORDER DELI BAR   V	PIZZA BAR V
 Offered with Fruit or Vegetable	100% Mozzarella, Veggie, or Pepperoni V	100% Mozzarella, Hawaiian or Pepperoni V	100% Mozzarella Sausage or Pepperoni V	100% Mozzarella, Veggie or Pepperoni V	100% Mozzarella Chicken Ranch or Pepperoni V
 All Deli Items made with all natural meats and cheeses and served with Fruit or Vegetable	Turkey & Cheese Sandwich   Beef Taco or Veggie Taco Salad With Flour Tortilla 	Chicken Caesar Salad With Dinner Roll  Caesar Salad With Dinner Roll  V	Roast Beef Club  Buffalo Chicken Wrap  V	American Sub, Sandwich  Protein Box with Fresh Fruit V	Chicken Caesar Wrap With Dinner Roll  Clam Chowder in Bread Bowl V 
We offer a variety of fresh garden variety 	Garden Salad Black Beans Broccoli Celery Sticks Fresh Fruit 2-3	Caesar Salad Tomatoes Carrot Sticks Applesauce Fresh Fruit 2-3	Garden Salad Cucumbers Corn Diced Peaches Fresh Fruit 2-3	Caesar Salad Cucumbers Pinto Beans Fresh Kiwi Fresh Pears	Garden Salad Edamame Carrot Sticks Diced Pears Fresh Fruit 2-3

-  LOCAL
-  FRESH
-  CLEAN
-  VEGETARIAN

We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates

For menu nutritional information and foods containing common food allergens please visit www.pausd.org

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