



# Palo Alto Unified School District Elementary Menu August 2018

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday	Tuesday	Wednesday	Thursday	Friday
Monday 8-13	Tuesday 8-14	Wednesday 8-15	Thursday 8-16	Friday 8-17
	Uncured Turkey Hot Dog All Natural Grilled Bean & Cheese Burrito Fiesta Beef Taco Salad & Tortilla Chips	All Beef Teriyaki Dippers with Brown Rice Grilled Cheddar Cheese Sandwich Pulled Chicken Caesar Salad & Breadstick	<u>BP/BR/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> Sun Butter & Jelly Sandwich <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich Crispy Chicken Burger Cheese Quesadilla	<u>ADD/DUV/HAY/HOO/PV/OHL</u> <b>New York Pizza</b> Sun Butter & Jelly Sandwich <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich Crispy Chicken Burger Cheese Quesadilla
Monday 8-20	Tuesday 8-21	Wednesday 8-22	Thursday 8-23	Friday 8-24
Beefy Macaroni & Dinner Roll <b>E</b> Protein Pack with Sunflower Seeds All Natural Roasted Turkey & Cheddar Sandwich	Chicken Teriyaki with Brown Rice Yogurt, String Cheese & Soft Pretzel Garden Salad with Dinner Roll	All Beef Hamburger Honey BBQ Rib Sandwich Caesar Salad with String Cheese & Dinner Roll	<u>BP/BR/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> Fruit & Yogurt Parfait <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait Baked Chicken Nuggets Veggie Gardenburger	<u>ADD/DUV/HAY/HOO/PV/OHL</u> <b>New York Pizza</b> Fruit & Yogurt Parfait <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait Baked Chicken Nuggets Veggie Gardenburger
Monday 8-27	Tuesday 8-28	Wednesday 8-29	Thursday 8-30	Friday 8-31
Baked Macaroni & Cheese <b>E V</b> All Beef Cheeseburger Twins All Natural Roasted Turkey & Cheddar Sandwich	Uncured Turkey Hot Dog All Natural Grilled Bean & Cheese Burrito Fiesta Beef Taco Salad & Tortilla Chips	All Beef Teriyaki Dippers with Brown Rice Grilled Cheddar Cheese Sandwich Pulled Chicken Caesar Salad & Breadstick	<u>BP/BR/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> Sun Butter & Jelly Sandwich <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich Crispy Chicken Burger Cheese Quesadilla	<u>ADD/DUV/HAY/HOO/PV/OHL</u> <b>New York Pizza</b> Sun Butter & Jelly Sandwich <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich Crispy Chicken Burger Cheese Quesadilla



We use menu identifiers in the café to help students recognize **Local, Clean, Fresh and Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with **V**. Items containing eggs noted with **E**.

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).

