



Palo Alto Unified School District Elementary Menu November 2018

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

			Thursday 11-1 <u>BP/BRI/ELC/ESC/FM/NIX</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos	Friday 11-2 <u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos
Monday 11-5 Baked Macaroni & Cheese 100% All Beef Cheeseburger Twins All Natural Roasted Turkey & Cheddar Sandwich	Tuesday 11-6 All Natural Turkey Hot Dog All Natural Grilled Bean & Cheese Burrito Protein Pack with Sunflower Seeds 	Wednesday 11-7 Chicken Corn Dog Grilled Cheddar Cheese Sandwich Pulled Chicken Caesar Salad & Breadstick	Thursday 11-8 <u>BP/BRI/ELC/ESC/FM/NIX</u> New York Pizza Sun Butter & Jelly Sandwich w/String Cheese <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich w/String Cheese Bosco Sticks w/Marinara Spicy Chicken Burger	Friday 11-9 <u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Sun Butter & Jelly Sandwich w/String Cheese <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich w/String Cheese Bosco Sticks w/Marinara Spicy Chicken Burger
Monday 11-12 VETERAN'S DAY NO SCHOOL	Tuesday 11-13 100% All Beef Hamburger Chicken Teriyaki with Brown Rice Caesar Salad with Dinner Roll 	Wednesday 11-14 Spaghetti w/ Marinara Sauce with Dinner Roll Chicken Patty Sandwich American Sub Sandwich	Thursday 11-15 <u>BP/BRI/ELC/ESC/FM/NIX</u> New York Pizza Fruit & Yogurt Parfait w/ String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/ String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos	Friday 11-16 <u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Fruit & Yogurt Parfait w/ String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/ String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos
Monday 11-19	Tuesday 11-20	Wednesday 11-21	Thursday 11-22	Friday 11-23
Monday 11-26 Teriyaki Beef Dippers with Brown Rice Honey BBQ Rib on a Bun Yogurt, String Cheese & Goldfish Pretzels	Tuesday 11-27 100% All Beef Hamburger Chicken Teriyaki with Brown Rice Caesar Salad with Dinner Roll 	Wednesday 11-28 Spaghetti w/ Marinara Sauce with Dinner Roll Chicken Patty Sandwich American Sub Sandwich	Thursday 11-29 <u>BP/BRI/ELC/ESC/FM/NIX</u> New York Pizza Fruit & Yogurt Parfait w/ String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/ String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos	Friday 11-30 <u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Fruit & Yogurt Parfait w/ String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/ String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos



We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with V. Items containing eggs noted with E.

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).



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Monday 10-1	Tuesday 10-2	Wednesday 10-3	Thursday 10-4	Friday 10-5
Beefy Macaroni & Dinner Roll Classic Vegetarian Burger Yogurt, String Cheese & Goldfish Pretzels	100% All Beef Hamburger Honey BBQ Rib on a Bun Caesar Salad with Dinner Roll	Spaghetti w/Marinara Sauce and Dinner Roll Chicken Patty Sandwich American Sub Sandwich	<u>BP/BR/ELC/ESC/FM/NIX</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos	No School Staff Professional Development Day
Monday 10-8	Tuesday 10-9	Wednesday 10-10	Thursday 10-11	Friday 10-12
Baked Macaroni & Cheese 100% All Beef Cheeseburger Twins All Natural Roasted Turkey & Cheddar Sandwich	All Natural Turkey Hot Dog All Natural Grilled Bean & Cheese Burrito Protein Pack with Sunflower Seeds	Chicken Corn Dog Grilled Cheddar Cheese Sandwich Pulled Chicken Caesar Salad & Breadstick	<u>BP/BR/ELC/ESC/FM/NIX</u> New York Pizza Sun Butter & Jelly Sandwich w/String Cheese <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich w/String Cheese Bosco Sticks w/Marinara Spicy Chicken Burger	<u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Sun Butter & Jelly Sandwich w/String Cheese <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich w/String Cheese Bosco Sticks w/Marinara Spicy Chicken Burger
Monday 10-15	Tuesday 10-16	Wednesday 10-17	Thursday 10-18	Friday 10-19
Beefy Macaroni & Dinner Roll Classic Vegetarian Burger Yogurt, String Cheese & Goldfish Pretzels	100% All Beef Hamburger Honey BBQ Rib on a Bun Caesar Salad with Dinner Roll	Spaghetti w/Marinara Sauce and Dinner Roll Chicken Patty Sandwich American Sub Sandwich	<u>BP/BR/ELC/ESC/FM/NIX</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos	<u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos
Monday 10-22	Tuesday 10-23	Wednesday 10-24	Thursday 10-25	Friday 10-26
Baked Macaroni & Cheese 100% All Beef Cheeseburger Twins All Natural Roasted Turkey & Cheddar Sandwich	All Natural Turkey Hot Dog All Natural Grilled Bean & Cheese Burrito Protein Pack with Sunflower Seeds	Chicken Corn Dog Grilled Cheddar Cheese Sandwich Pulled Chicken Caesar Salad & Breadstick	<u>BP/BR/ELC/ESC/FM/NIX</u> New York Pizza Sun Butter & Jelly Sandwich w/String Cheese <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich w/String Cheese Bosco Sticks w/Marinara Spicy Chicken Burger	<u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Sun Butter & Jelly Sandwich w/String Cheese <u>OTHER ELEMENTARY SITES</u> Sun Butter & Jelly Sandwich w/String Cheese Bosco Sticks w/Marinara Spicy Chicken Burger
Monday 10-29	Tuesday 10-30	Wednesday 10-31	Thursday 11-1	Friday 11-2
Beefy Macaroni & Dinner Roll Classic Vegetarian Burger Yogurt, String Cheese & Goldfish Pretzels	100% All Beef Hamburger Honey BBQ Rib on a Bun Caesar Salad with Dinner Roll HALLOWEEN COOKIE DAY	Halloween Spaghetti w/Marinara Sauce and Dinner Roll Chicken Patty Sandwich American Sub Sandwich	<u>BP/BR/ELC/ESC/FM/NIX</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos	<u>ADD/DUV/HAY/HOO/PV/OHL</u> New York Pizza Fruit & Yogurt Parfait w/String Cheese <u>OTHER ELEMENTARY SITES</u> Fruit & Yogurt Parfait w/String Cheese Baked Chicken Nuggets With Dinner Roll Beef Soft Tacos



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