

## Applesauce Cup

### PER SERVING (1 ea.)

<b>51</b> CALORIES	<b>0.0g</b> SAT FAT	<b>2mg</b> SODIUM	<b>14.0g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------

Allergens:

Made With: Applesauce Cups (Apples, water, ascorbic acid (to maintain color). )

---

## Baby Carrots

### PER SERVING (1/2 c.)

<b>25</b> CALORIES	<b>0.0g</b> SAT FAT	<b>57mg</b> SODIUM	<b>6.0g</b> CARBS
-----------------------	------------------------	-----------------------	----------------------

Allergens:

Made With: Baby Carrots (CARROTS)

---

## Banana

### PER SERVING (1 medium (7" to 7-7/8" long))

<b>105</b> CALORIES	<b>0.1g</b> SAT FAT	<b>1mg</b> SODIUM	<b>27.0g</b> CARBS
------------------------	------------------------	----------------------	-----------------------

Allergens:

Made With: Bananas (BANANA)

---

# BBQ Sauce

## PER SERVING (1 pump)

<b>20</b> CALORIES	<b>0.0g</b> SAT FAT	<b>195mg</b> SODIUM	<b>4.5g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Gluten, Soy, Wheat.

**Made With:** Barbecue Sauce (Front of the House) (TOMATO PUREE (WATER, TOMATO PASTE), HIGH FRUCTOSE CORN SYRUP, DISTILLED WHITE VINEGAR, SALT, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SPICES, NATURAL SMOKE FLAVORING, PAPRIKA, DEHYDRATED GARLIC, SODIUM BENZOATE AS A PRESERVATIVE, DEHYDRATED ONION, TURMERIC, NATURAL FLAVORINGS, SOYBEAN OIL.)

---

# Bean Burrito Bowl, Fremont

## PER SERVING (1 bowl)

<b>407</b> CALORIES	<b>3.0g</b> SAT FAT	<b>613mg</b> SODIUM	<b>72.4g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Wheat.

**Made With:** Spanish Rice, Fremont (Long Grain Brown Rice (LONG GRAIN PARBOILED BROWN RICE); Taco Seasoning Mix, 22oz (SPICE (INCLUDING PAPRIKA AND CHILI PEPPER), ONION, SALT GARLIC, POTATO FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA POWDER PROCESSED WITH ALKALI, CORN SYRUP SOLIDS, CITRIC ACID, AND NATURAL FLAVOR.)); Pinto Beans (PREPARED PINTO BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND CALCIUM DISODIUM EDTA (PROMOTES COLOR RETENTION).); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

# Bean Soft Tacos

## PER SERVING (2 tacos)

<b>410</b> CALORIES	<b>6.0g</b> SAT FAT	<b>950mg</b> SODIUM	<b>48.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** Refried Beans (Cooked Beans, Water, Less Than 2% of: Canola Oil, Salt, Distilled Vinegar, Chile Pepper, Onion Powder, Spices, Garlic Powder, Natural Flavor); Mindful Healthy Grains 6-inch Flour Tortilla (WATER, WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NON-GMO CANOLA OIL, ORGANIC CANE SUGAR, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF: SEA SALT, DISTILLED MONOGLYCERIDES, SODIUM ACID PYROPHOSPHATE, BAKING SODA, NON-GMO CELLULOSE GUM, FUMARIC ACID, AND SORBIC ACID AND CALCIUM PROPIONATE (TO MAINTAIN FRESHNESS).); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

# Beef Taco Salad

## PER SERVING (1 salad)

<b>430</b> CALORIES	<b>10.9g</b> SAT FAT	<b>234mg</b> SODIUM	<b>40.9g</b> CARBS
------------------------	-------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Shredded Iceberg Lettuce (ICEBERG LETTUCE); Tortilla Chips (Whole grain corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), Lime., , ); Taco Filling, all beef, seasoning, RECIPE, Commodity (All Beef Crumble, Commodity (Ground beef (Not more than 20% fat), and less than 1% of the following: spice, salt, potassium chloride, natural flavors.); Yellow Onions (YELLOW ONION); Municipal Water (WATER); Canola/Olive Oil (CANOLA, EXTRA VIRGIN OLIVE OIL); Taco Seasoning (Spices (including chili pepper), salt, paprika, garlic, onion, sugar, silicon dioxide (anti-caking agent).); Garlic Powder (100% Garlic ); Onion Powder (ONION POWDER)); Fresh Tomatoes (TOMATO); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

# Black Beans

## PER SERVING (1/2 c.)

<b>118</b> CALORIES	<b>0.0g</b> SAT FAT	<b>137mg</b> SODIUM	<b>22.6g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:**

**Made With:** Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).)

---

# Breaded Chicken Drumstick

## PER SERVING (1 drumstick)

<b>190</b> CALORIES	<b>2.5g</b> SAT FAT	<b>450mg</b> SODIUM	<b>5.0g</b> CARBS
------------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Wheat.

**Made With:** Breaded Chicken Drumstick (CHICKEN DRUMSTICKS, WATER, WHOLE WHEAT FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: AUTOLYZED YEAST EXTRACT, CHICKEN FAT, CITRIC ACID, DISODIUM INOSINATE AND DISODIUM GUANYLATE, DRIED CHICKEN, DRIED CHICKEN BROTH, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EXTRACTIVES OF PAPRIKA AND TURMERIC, FLAVORING, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPAHTE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MALTODEXTRIN, MODIFIED FOOD STARCH, ONION POWDER, SALT, SODIUM PHOSPHATES, SPICES, WHEAT GLUTEN, YELLOW CORN FLOUR. BREADING SET IN VEGETABLE OIL.)

---

# Breadstick

## PER SERVING (1 ea.)

<b>140</b> CALORIES	<b>0.0g</b> SAT FAT	<b>160mg</b> SODIUM	<b>29.5g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Soy, Wheat. Processed in a facility that also processes Egg, Milk, Tree nuts.

**Made With:** Breadsticks (Whole grain flour, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, ribovlavin, folic acid) water, contains 2% or less: salt, dextrose, vegetable shortening (partially hydrogenated soybean or cottonseed oil), yeast, sugar, defatted soy flour, mono-diglycerides, calcium stearoyl-2-lactylate, calcium sulfatate, ascorbic acid (Vitamin C), Potassium iodate, enzymes and L-Cystein hydrochloride.)

---

# Buffalo Wrap

## PER SERVING (1 wrap)

<b>498</b> CALORIES	<b>6.3g</b> SAT FAT	<b>1372mg</b> SODIUM	<b>44.9g</b> CARBS
------------------------	------------------------	-------------------------	-----------------------

**Allergens:** Contains Egg, Gluten, Milk, Soy, Wheat.

**Made With:** Golden Crispy Chicken Chunk Fritters (CHICKEN, WATER, WHOLE WHEAT FLOUR, TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, CONTAINS 2% OR LESS OF THE FOLLOWING: BROWN SUGAR, CANOLA OIL, CARROT POWDER, CITRIC ACID, DRIED GARLIC, DRIED ONION, DRIED YEAST, GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, PAPRIKA EXTRACT (COLOR), ROSEMARY EXTRACT (TO PROTECT FLAVOR), SALT, SPICE, SUGAR, TORULA YEAST, TURMERIC EXTRACT (COLOR), VEGETABLE STOCK (CARROT, ONION, CELERY), WHEAT GLUTEN, YEAST EXTRACT. BREADING SET IN VEGETABLE OIL.); Iceberg Lettuce (ICEBERG LETTUCE); Mindful Healthy Grains 10-inch Flour Tortilla (WATER, WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NON-GMO CANOLA OIL, ORGANIC CANE SUGAR, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF: SEA SALT, DISTILLED MONOGLYCERIDES, SODIUM ACID PYROPHOSPHATE, BAKING SODA, NON-GMO CELLULOSE GUM, FUMARIC ACID, AND SORBIC ACID AND CALCIUM PROPIONATE (TO MAINTAIN FRESHNESS).); Frank's Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.); Ranch Dressing (SOYBEAN OIL, WATER, BUTTERMILK (CULTURED PASTEURIZED SKIM MILK AND, MILK, SODIUM CITRATE AND SALT), RANCH SEASONING & SPICES (SALT, FOOD STARCH- MODIFIED, MONOSODIUM GLUTAMATE, SUGAR, DRIED GARLIC, DRIED ONION, NATURAL AND, ARTIFICIAL FLAVOR [INCLUDES MILK, SOYBEAN], WHEY PROTEIN CONCENTRATE, CORN, SYRUP, SPICES, XANTHAN GUM, SORBIC ACID AND CALCIUM DISODIUM EDTA AS, PRESERVATIVES, CITRIC ACID, CALCIUM STEARATE), EGG YOLKS, CONTAINS LESS THAN 2%, OF DISTILLED VINEGAR, SALT, XANTHAN GUM, NATURAL FLAVOR (INCLUDES MILK).); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

# Burrito Chicken Bowl

## PER SERVING (1 portion)

<b>447</b> CALORIES	<b>4.0g</b> SAT FAT	<b>739mg</b> SODIUM	<b>69.2g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Rice, brown, oven, steamed (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Long Grain Brown Rice (LONG GRAIN PARBOILED BROWN RICE)); Pinto Beans (PREPARED PINTO BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND CALCIUM DISODIUM EDTA (PROMOTES COLOR RETENTION). ); Salsa, Chunky, Medium, Pace (INGREDIENTS: CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), JALAPENO PEPPERS, DICED TOMATOES IN TOMATO JUICE, ONIONS, DISTILLED VINEGAR, SALT, DEHYDRATED ONIONS, GARLIC, NATURAL FLAVORING.); Chicken Pulled, Low Sodium (BONELESS, SKINLESS DARK AND WHITE CHICKEN, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: ASCORBIC ACID, MALTODEXTRIN, NATURAL FLAVORS, RICE STARCH, VINEGAR, YEAST EXTRACT.); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).); Lime Juice (LIME JUICE FROM CONCENTRATE); Taco Seasoning (Spices (including chili pepper), salt, paprika, garlic, onion, sugar, silicon dioxide (anti-caking agent).); Garlic Powder (GARLIC POWDER)

# Burrito, Bean & Cheese

## PER SERVING (1 ea.)

<b>358</b> CALORIES	<b>0.0g</b> SAT FAT	<b>478mg</b> SODIUM	<b>44.8g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** Grilled Bean and Cheese Burrito (WATER, DEHYDRATED PINTO BEANS, MOZZARELLA CHEESE (CULTURED PASTEURIZED MILK, CONTAINS LESS THAN 2% OF SALT AND ENZYMES), CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, CONTAINS LESS THAN 2% OF SALT, ENZYMES AND ANNATTO), SAUCE (WATER, TOMATO PASTE, SPICES, VINEGAR), CORN OIL, TORTILLA: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, VITAMIN ENRICHMENT (NIACIN, IRON, THIAMINE, FOLIC ACID), WATER, CANOLA OIL, SUGAR, BAKING SODA. )

# Caesar Dressing

## PER SERVING (1 ea.)

<b>140</b> CALORIES	<b>2.5g</b> SAT FAT	<b>420mg</b> SODIUM	<b>2.0g</b> CARBS
------------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Milk, Soy.

**Made With:** Caesar Dressing (WATER, SOYBEAN OIL, PARMESAN CHEESE (CULTURED PART-SKIM MILK, SALT, ENZYMES, POTASSIUM SORBATE AS A PRESERVATIVE), DISTILLED VINEGAR, SUGAR, SALT, DEHYDRATED GARLIC, SPICES, WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, GARLIC, SUGAR, SPICES, TAMARIND, NATURAL FLAVOR), ONION POWDER, XANTHAN GUM, CITRIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, CARAMEL COLOR AND CALCIUM DISODIUM EDTA TO PROTECT FLAVOR)

---



# Caesar Side Salad

## PER SERVING (1/2 c.)

<b>85</b> CALORIES	<b>1.6g</b> SAT FAT	<b>239mg</b> SODIUM	<b>2.4g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Egg, Fish, Milk, Wheat. Processed in a facility that also processes Tree nuts.

**Made With:** Romaine Lettuce (ROMAINE LETTUCE); Creamy Caesar Dressing (SOYBEAN OIL, WATER, DISTILLED VINEGAR, PARMESAN CHEESE WITH FLAVOR, (PARMESAN CHEESE [CULTURED MILK, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED PARMESAN CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}]), EGG YOLKS, ROMANO CHEESE WITH FLAVOR (ROMANO CHEESE [CULTURED MILK, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED ROMANO CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}]), EXTRA VIRGIN OLIVE OIL, SALT, CONTAINS LESS THAN 2% OF FOOD STARCH-MODIFIED, NATURAL FLAVORS, SPICES, LEMON JUICE CONCENTRATE, GARLIC\*, XANTHAN GUM, POLYSORBATE 60, SODIUM BENZOATE (A PRESERVATIVE), MONOSODIUM GLUTAMATE, PUREED ANCHOVIES, CARAMEL COLOR, ONION\*, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \* DEHYDRATED); Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Croutons (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL, WHEY, SALT, YEAST, 2% OR LESS OF HIGH FRUCTOSE CORN SYRUP, SUGAR, SPICES, DEHYDRATED PARSLEY, ONION POWDER, CALCIUM PROPIONAE (PRESERVATIVE), PAPRIKA (COLOR), TURMERIC (COLOR), EXTRACTIVE OF PAPRIKA (COLOR), SPICE EXTRACTIVE, ENZYMES, ASCORBIC ACID, TBHQ (TO PRESERVE FRESHNESS).)

---

# Cheese Breadsticks

## PER SERVING (1 breadstick)

<b>210</b> CALORIES	<b>3.0g</b> SAT FAT	<b>270mg</b> SODIUM	<b>25.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Wheat.

**Made With:** Cheese Breadstick 7' (CRUST: FLOUR BLEND [WHOLE -WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID)], WATER, BROWN SUGAR, CORN OIL, DOUGH CONDITIONER (SOYBEAN, OIL, VEGETABLE GLYCERIDES, SOY FLAKES), SALT, VITAL WHEAT GLUTEN, YEAST, L -CYSTEINE. CHEESES: MOZZARELLA, CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES). REDUCED FAT/REDUCED SODIUM, MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, MODIFIED CORN STARCH\*, CHEESE CULTURE,, SALT, POTASSIUM CHLORIDE\*, NATURAL FLAVORS\*, ANNATTO (COLOR), VITAMIN A PALMITATE, ENZYMES), \*INGREDIENTS, NOT IN REGULAR MOZZARELLA CHEESE., )

# Cheese Nachos

## PER SERVING (1 ea.)

<b>533</b> CALORIES	<b>16.7g</b> SAT FAT	<b>944mg</b> SODIUM	<b>39.1g</b> CARBS
------------------------	-------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Jalapeno Cheese Sauce (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, NONFAT DRY MILK, SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, SEASONING (POTASSIUM CHLORIDE, NATURAL FLAVOR [CONTAINS MALTODEXTRIN]), AMERICAN CHEESE FLAVOR (A DEHYDRATED BLEND OF CHEESES [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, FOOD STARCH-MODIFIED, SODIUM PHOSPHATE, BUTTER [CREAM, SALT, ANNATTO], CALCIUM PHOSPHATE, LACTIC ACID), SALT, JALAPENO EXTRACTIVES, PAPRIKA EXTRACT, ANNATTO EXTRACT.); Tortilla Chips (Whole grain corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), Lime., , )

## Cheese Pizza

### PER SERVING (1 slice)

<b>280</b> CALORIES	<b>6.0g</b> SAT FAT	<b>640mg</b> SODIUM	<b>31.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Wheat.

**Made With:** New York Cheese Pizza, 8cts (LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), WATER, WHOLE WHEAT, PIZZA SAUCE (CRUSHED TOMATOES, SALT, SOYBEAN OIL, OLIVE OIL, ROMANO CHEESE [WHEY POWDER, MILK], SPICES, GARLIC, CITRIC ACID), ENRICHED FLOUR (WHEAT FLOUR, ASCORBIC ACID, ENZYME, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SALT, SOYBEAN OIL, YEAST.)

## Cheese Pizza

### PER SERVING (1 slice regular)

<b>400</b> CALORIES	<b>7.0g</b> SAT FAT	<b>439mg</b> SODIUM	<b>42.9g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy, Wheat.

**Made With:** Big Daddy's Bold WG Cheese Pizza 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), BUTTER FLAVORED OIL WITH GARLIC (LIQUID AND HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR, SALT, ARTIFICIAL FLAVOR, SOY LECITHIN, BETA CAROTENE [COLOR], VITAMIN A PALMITATE), SUGAR, WHEAT GLUTEN, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, ASCORBIC ACID, WHEAT STARCH, SALT, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS]), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH,, PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE, (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT,, ENZYMES), PAPRIKA, CITRIC ACID.)

# Cheeseburger

## PER SERVING (1 ea.)

<b>356</b> CALORIES	<b>8.8g</b> SAT FAT	<b>461mg</b> SODIUM	<b>27.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** White Wheat Hamburger Bun (WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, YEAST, SALT, DOUGH SOFTENER, (WATER AND MONOGLYCERIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID ADDED AS PRESERVATIVES), CALCIUM PROPIONATE AS MOLD INHIBITOR. STRENGTHENER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES). DOUGH CONDITIONER, (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONITRATE, RIBOFLAVIN, FOLIC ACID), ASCORBIC ACID, WHEAT GLUTEN, ENZYMES.)); Beef Steak Burger 2.01oz, Commodity (GROUND BEEF (NOT MORE THAN 20% FAT), SALT, CARMEL COLOR.); Cheddar Cheese Slice (CULTURED PASTERUIZED REDUCED FAT MILK, SALT, ENZYMES, ANNATTO (COLOR). VITAMIN A PALMITATE. )

# Cherry Tomatoes

## PER SERVING (1/2 c.)

<b>13</b> CALORIES	<b>0.0g</b> SAT FAT	<b>4mg</b> SODIUM	<b>2.9g</b> CARBS
-----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Fresh Tomatoes (TOMATO)

# Chicken Caesar Salad

## PER SERVING (1 salad)

<b>358</b> CALORIES	<b>6.2g</b> SAT FAT	<b>853mg</b> SODIUM	<b>9.9g</b> CARBS
------------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Egg, Fish, Milk, Wheat. Processed in a facility that also processes Tree nuts.

**Made With:** Romaine Lettuce (ROMAINE LETTUCE); Chicken Pulled, Low Sodium (BONELESS, SKINLESS DARK AND WHITE CHICKEN, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: ASCORBIC ACID, MALTODEXTRIN, NATURAL FLAVORS, RICE STARCH, VINEGAR, YEAST EXTRACT.); Creamy Caesar Dressing (SOYBEAN OIL, WATER, DISTILLED VINEGAR, PARMESAN CHEESE WITH FLAVOR, (PARMESAN CHEESE [CULTURED MILK, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED PARMESAN CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}]), EGG YOLKS, ROMANO CHEESE WITH FLAVOR (ROMANO CHEESE [CULTURED MILK, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED ROMANO CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}]), EXTRA VIRGIN OLIVE OIL, SALT, CONTAINS LESS THAN 2% OF FOOD STARCH-MODIFIED, NATURAL FLAVORS, SPICES, LEMON JUICE CONCENTRATE, GARLIC\*, XANTHAN GUM, POLYSORBATE 60, SODIUM BENZOATE (A PRESERVATIVE), MONOSODIUM GLUTAMATE, PUREED ANCHOVIES, CARAMEL COLOR, ONION\*, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \* DEHYDRATED); Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Croutons (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL, WHEY, SALT, YEAST, 2% OR LESS OF HIGH FRUCTOSE CORN SYRUP, SUGAR, SPICES, DEHYDRATED PARSLEY, ONION POWDER, CALCIUM PROPIONAE (PRESERVATIVE), PAPRIKA (COLOR), TURMERIC (COLOR), EXTRACTIVE OF PAPRIKA (COLOR), SPICE EXTRACTIVE, ENZYMES, ASCORBIC ACID, TBHQ (TO PRESERVE FRESHNESS).); Large Clam Shell Container

# Chicken Caesar Salad

## PER SERVING (1 salad)

<b>285</b> CALORIES	<b>5.0g</b> SAT FAT	<b>682mg</b> SODIUM	<b>8.1g</b> CARBS
------------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Egg, Fish, Milk, Wheat. Processed in a facility that also processes Tree nuts.

**Made With:** Chicken Pulled, Low Sodium (BONELESS, SKINLESS DARK AND WHITE CHICKEN, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: ASCORBIC ACID, MALTODEXTRIN, NATURAL FLAVORS, RICE STARCH, VINEGAR, YEAST EXTRACT.); Romaine Lettuce (ROMAINE LETTUCE); Creamy Caesar Dressing (SOYBEAN OIL, WATER, DISTILLED VINEGAR, PARMESAN CHEESE WITH FLAVOR, (PARMESAN CHEESE [CULTURED MILK, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED PARMESAN CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}]), EGG YOLKS, ROMANO CHEESE WITH FLAVOR (ROMANO CHEESE [CULTURED MILK, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED ROMANO CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}]), EXTRA VIRGIN OLIVE OIL, SALT, CONTAINS LESS THAN 2% OF FOOD STARCH-MODIFIED, NATURAL FLAVORS, SPICES, LEMON JUICE CONCENTRATE, GARLIC\*, XANTHAN GUM, POLYSORBATE 60, SODIUM BENZOATE (A PRESERVATIVE), MONOSODIUM GLUTAMATE, PUREED ANCHOVIES, CARAMEL COLOR, ONION\*, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \* DEHYDRATED); Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Croutons (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL, WHEY, SALT, YEAST, 2% OR LESS OF HIGH FRUCTOSE CORN SYRUP, SUGAR, SPICES, DEHYDRATED PARSLEY, ONION POWDER, CALCIUM PROPIONATE (PRESERVATIVE), PAPRIKA (COLOR), TURMERIC (COLOR), EXTRACTIVE OF PAPRIKA (COLOR), SPICE EXTRACTIVE, ENZYMES, ASCORBIC ACID, TBHQ (TO PRESERVE FRESHNESS).); Small Clam Shell Container

# Chicken Nachos

## PER SERVING (1 ea.)

<b>469</b> CALORIES	<b>12.4g</b> SAT FAT	<b>645mg</b> SODIUM	<b>37.8g</b> CARBS
------------------------	-------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy.

**Made With:** Jalapeno Cheese Sauce (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, NONFAT DRY MILK, SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, SEASONING (POTASSIUM CHLORIDE, NATURAL FLAVOR [CONTAINS MALTODEXTRIN]), AMERICAN CHEESE FLAVOR (A DEHYDRATED BLEND OF CHEESES [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, FOOD STARCH-MODIFIED, SODIUM PHOSPHATE, BUTTER [CREAM, SALT, ANNATTO], CALCIUM PHOSPHATE, LACTIC ACID), SALT, JALAPENO EXTRACTIVES, PAPRIKA EXTRACT, ANNATTO EXTRACT.); Tortilla Chips (Whole grain corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), Lime., , ); Fajita Chicken (Boneless, skinless chicken, chicken broth, modified food starch, seasoning (dextrose, salt, spice, dehydrated garlic, maltodextrin, dehydrated onion, natural flavors), soy protein concentrate, seasoning (salt, spices, dehydrated garlic, dehydrated onion), sodium phosphates, natural flavor.)

# Chicken Nuggets

## PER SERVING (7 ea.)

<b>362</b> CALORIES	<b>3.5g</b> SAT FAT	<b>557mg</b> SODIUM	<b>22.3g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Soy, Wheat.

**Made With:** Golden Crispy Chicken Chunk Fritters (CHICKEN, WATER, WHOLE WHEAT FLOUR, TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, CONTAINS 2% OR LESS OF THE FOLLOWING: BROWN SUGAR, CANOLA OIL, CARROT POWDER, CITRIC ACID, DRIED GARLIC, DRIED ONION, DRIED YEAST, GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, PAPRIKA EXTRACT (COLOR), ROSEMARY EXTRACT (TO PROTECT FLAVOR), SALT, SPICE, SUGAR, TORULA YEAST, TURMERIC EXTRACT (COLOR), VEGETABLE STOCK (CARROT, ONION, CELERY), WHEAT GLUTEN, YEAST EXTRACT. BREADING SET IN VEGETABLE OIL.)

# Chicken Tortilla Soup

## PER SERVING (1/2 c.)

<b>100</b> CALORIES	<b>0.5g</b> SAT FAT	<b>680mg</b> SODIUM	<b>16.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy.

**Made With:** Chicken Tortilla Soup (WATER, DICED TOMATOES IN TOMATO JUICE, TOMATO PUREE (WATER, TOMATO, PASTE), WHITE CHICKEN MEAT, COOKED KIDNEY BEANS, CORN, CARROTS, GREEN, CHILI PEPPERS, GARBANZO BEANS, ONIONS, MODIFIED FOOD STARCH, CONTAINS, LESS THAN 2% OF: CORN TORTILLA (CORN, WATER), SALT, CHICKEN FAT, WHITE, CORN FLOUR, SPICE, DEXTROSE, YEAST EXTRACT, CHICKEN FLAVOR, CORN, MALTODEXTRIN, DEHYDRATED WHEY (MILK), SUGAR, DEHYDRATED GARLIC,, CARRAGEENAN, POTATO STARCH, CORN SYRUP SOLIDS, FLAVORING, CILANTRO,, DISODIUM GUANYLATE, DISODIUM INOSINATE, VEGETABLE OIL, TURMERIC,, DEHYDRATED CHICKEN BROTH, JALAPENO PEPPERS, VINEGAR.)

---



# Chili Dog

## PER SERVING (1 serving (1 hot dog))

<b>302</b> CALORIES	<b>4.3g</b> SAT FAT	<b>606mg</b> SODIUM	<b>27.4g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** Hot Dog, original, whole grain (Frankfurter, turkey (hot dog) , (1 frank = 2 oz M/MA) , Recipe (Turkey Frank (MECHANICALLY SEPARATED TURKEY, WATER, CONTAINS 2% OR LESS: SEASONING (CORN SYRUP SOLIDS, DEXTROSE, SUGAR, PAPRIKA, NATURAL FLAVORING), SALT, POTASSIUM CHLORIDE, NATURAL FLAVOR (CELERY JUICE POWDER), NATURAL FLAVORING, NATURAL SMOKED FLAVORING.)); Bun, hot dog, whole wheat, regional (1 roll = 1.75 oz eq grain) , Recipe (Regional Hot Dog Bun (WHOLE WHEAT FLOUR, WATER, SUGAR, YEAST, VITAL WHEAT GLUTEN, VEGETABLE OIL (CANOLA AND/OR SOY), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE, AZODICARBONAMIDE), CALCIUM SULFATE, ENZYMES, CALCIUM PROPIONATE (MOLD INHIBITOR))); Rainbow Chili and Cheese, vegetarian, quick start, cheddar (Municipal Water (WATER); Chili Mix, quick-start, with red beans, BAF Santiago (RED BEANS (DRY) TOMATO, CHILI PEPPER, ONION, SUGAR, SALT, MODIFIED CORN STARCH, SPICE, GREEN BELL PEPPER, GARLIC, CITRIC ACID, CALCIUM CHLORIDE, NATURAL FLAVOR); use SI100422 - Kidney Beans (PREPARED KIDNEY BEANS, WATER, SUGAR, DEXTROSE, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).); Shredded Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (IF COLORED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING.); Red Onions (RED ONION); Green Bell Peppers (GREEN SWEET PEPPER); Frozen Carrots Coins (CARROTS); Red Bell Pepper (RED SWEET PEPPER)); Shredded Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (IF COLORED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING.)

## Chocolate Milk

### PER SERVING (1 Half Pint)

<b>120</b> CALORIES	<b>0.0g</b> SAT FAT	<b>190mg</b> SODIUM	<b>20.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Nonfat Chocolate Milk Berkeley (Nonfat milk, sugar, contains less than 1% of: Cocoa (processed with alkali), corn starch, salt, carrageenan, natural flour, Vitamin A Palmitate, Vitamin D3.)

---

## Chunky Medium Salsa

### PER SERVING (2 oz.)

<b>20</b> CALORIES	<b>0.0g</b> SAT FAT	<b>460mg</b> SODIUM	<b>6.0g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:**

**Made With:** Salsa, Chunky, Medium, Pace (INGREDIENTS: CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), JALAPENO PEPPERS, DICED TOMATOES IN TOMATO JUICE, ONIONS, DISTILLED VINEGAR, SALT, DEHYDRATED ONIONS, GARLIC, NATURAL FLAVORING.)

---

## Corn

### PER SERVING (1/2 c.)

<b>92</b> CALORIES	<b>0.0g</b> SAT FAT	<b>7mg</b> SODIUM	<b>17.0g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------

**Allergens:**

**Made With:** Whole Kernel Corn, No Salt Added, Canned (CORN, WATER)

---

## Corn Dog

### PER SERVING (1 corn dog)

<b>240</b> CALORIES	<b>2.5g</b> SAT FAT	<b>390mg</b> SODIUM	<b>30.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Egg, Gluten, Soy, Wheat.

**Made With:** Corn Dogs (BATTER INGREDIENTS: WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, CONTAINS 2% OR LESS OF LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM, SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR. FRIED IN VEGETABLE OIL. CHICKEN FRANKFURTER INGREDIENTS: MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS LESS THAN 2% OF SPICES, SALT, POTASSIUM, LACTATE, SODIUM LACTATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE. )

---

## Craisins

### PER SERVING (1 pkg.)

<b>130</b> CALORIES	<b>0.0g</b> SAT FAT	<b>0mg</b> SODIUM	<b>33.0g</b> CARBS
------------------------	------------------------	----------------------	-----------------------

**Allergens:**

**Made With:** Craisins

---

# Crispy Chicken Sandwich

## PER SERVING (1 ea.)

<b>410</b> CALORIES	<b>3.0g</b> SAT FAT	<b>680mg</b> SODIUM	<b>43.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Soy, Wheat.

**Made With:** Breaded Chicken Patty (CHICKEN, WATER, TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, SEASONING [BROWN SUGAR, SALT, ONION POWDER, CHICKEN STOCK, CANOLA OIL, YEAST EXTRACT, CARROT POWDER, VEGETABLE STOCK (CARROT, ONION, CELERY), GARLIC POWDER, MALTODEXTRIN, FLAVORS, SILICON DIOXIDE, CITRIC ACID AND SPICE), SEASONING (POTASSIUM CHLORIDE, RICE FLOUR), SODIUM PHOSPHATES. BREADED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, WHEAT GLUTEN, SUGAR, DRIED ONION, DRIED GARLIC, TORULA YEAST, SPICE, DEXTROSE, DRIED YEAST, TURMERIC EXTRACT (COLOR), PAPRIKA EXTRACT (COLOR). BREADING SET IN VEGETABLE OIL.); White Wheat Hamburger Bun (WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, YEAST, SALT, DOUGH SOFTENER, (WATER AND MONOGLYCERIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID ADDED AS PRESERVATIVES), CALCIUM PROPIONATE AS MOLD INHIBITOR. STRENGTHENER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES). DOUGH CONDITIONER, (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONITRATE, RIBOFLAVIN, FOLIC ACID), ASCORBIC ACID, WHEAT GLUTEN, ENZYMES.))

# Cubed Watermelon

## PER SERVING (1/2 c.)

<b>28</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>7.0g</b> CARBS
-----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Watermelon (WATERMELON)

## Cucumber Coins

### PER SERVING (1/2 c.)

<b>9</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>2.2g</b> CARBS
----------------------	------------------------	----------------------	----------------------



**Allergens:**

**Made With:** Cucumbers (CUCUMBER)

---

## Diced Green Bell Peppers

### PER SERVING (2 tbsp.)

<b>5</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>1.1g</b> CARBS
----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Green Bell Peppers (GREEN SWEET PEPPER)

---

## Diced Pears in Pear Juice

### PER SERVING (1/2 c.)

<b>60</b> CALORIES	<b>0.0g</b> SAT FAT	<b>10mg</b> SODIUM	<b>14.0g</b> CARBS
-----------------------	------------------------	-----------------------	-----------------------

**Allergens:**

**Made With:** Diced Pears (PEARS, WATER, PEAR JUICE CONCENTRATE)

---

## Diced Red Tomatoes

### PER SERVING (2 tbsp.)

<b>4</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>1.0g</b> CARBS
----------------------	------------------------	----------------------	----------------------



**Allergens:**

**Made With:** Tomatoes 6x6 (TOMATO)

## Dinner Roll

### PER SERVING (1 roll.)

<b>160</b> CALORIES	<b>0.0g</b> SAT FAT	<b>270mg</b> SODIUM	<b>34.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Wheat.

**Made With:** Roll (WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR. CONTAINS LESS THAN 2% OF: WHEAT GLUTEN, YEAST, SOYBEAN OIL, SALT, EMULSIFIER, ENZYMES, CORNMEAL, CALCIUM PROPIONATE, CALCIUM CARBONATE, MICROCRYSTALLINE CELLULOSE, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID.)

## Edamame

### PER SERVING (1/2 c.)

<b>100</b> CALORIES	<b>0.5g</b> SAT FAT	<b>5mg</b> SODIUM	<b>7.3g</b> CARBS
------------------------	------------------------	----------------------	----------------------

**Allergens:** Contains Soy.

**Made With:** Edamame (EDAMAME (SOYBEANS))

## Fresh Broccoli Florets

### PER SERVING (1/2 c.)

<b>11</b> CALORIES	<b>0.0g</b> SAT FAT	<b>11mg</b> SODIUM	<b>2.1g</b> CARBS
-----------------------	------------------------	-----------------------	----------------------



**Allergens:**

**Made With:** Broccoli Florets, ready-to-use (BROCCOLI)

---

## Fresh Oranges

### PER SERVING (1 small (2-3/8" dia))

<b>45</b> CALORIES	<b>0.0g</b> SAT FAT	<b>0mg</b> SODIUM	<b>11.3g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------

**Allergens:**

**Made With:** Oranges, raw, all commercial varieties (ORANGES)

---

## Fresh Strawberries

### PER SERVING (1/2 c.)

<b>23</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>5.5g</b> CARBS
-----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Fresh Strawberries (STRAWBERRIES)

---

## Garden Burger

### PER SERVING (1 burger)

<b>220</b> CALORIES	<b>0.5g</b> SAT FAT	<b>680mg</b> SODIUM	<b>34.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Soy, Wheat.

**Made With:** Garden Patties (veggie), classic, Gardenburger, 2.5 oz (SOY PROTEIN CONCENTRATE WITH WATER FOR HYDRATION (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CANOLA OIL, CONTAINS TWO PERCENT OR LESS OF MODIFIED VEGETABLE GUM, SOY PROTEIN ISOLATE, SALT, ONION POWDER, HYDROLYZED VEGETABLE PROTEIN (CORN GLUTEN, WHEAT GLUTEN, SOY PROTEIN), DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, YEAST EXTRACT, MODIFIED TAPIOCA STARCH, SOY SAUCE (WATER, SOYBEANS, WHEAT, SALT), MALTODEXTRIN, SUGAR, WHEY, SPICES, GARLIC POWDER, MIXED TRIGLYCERIDES, DISODIUM INOSINATE, DISODIUM GUANYLATE, SOY SAUCE (WATER, SOYBEANS, SALT, WHEAT), AUTOLYZED YEAST EXTRACT, ASCORBIC ACID, THIAMIN HYDROCHLORIDE (VITAMIN B1), INSTANT COFFEE, SESAME SEED OIL, MALIC ACID, SUCCINIC ACID.); White Wheat Hamburger Bun (WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, YEAST, SALT, DOUGH SOFTENER, (WATER AND MONOGLYCERIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID ADDED AS PRESERVATIVES), CALCIUM PROPIONATE AS MOLD INHIBITOR. STRENGTHENER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES). DOUGH CONDITIONER, (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONITRATE, RIBOFLAVIN, FOLIC ACID), ASCORBIC ACID, WHEAT GLUTEN, ENZYMES.))

## Green Onion

### PER SERVING (1 tbsp.)

<b>2</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>0.5g</b> CARBS
----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Green Onions (GREEN ONIONS)



# Grilled Cheese

## PER SERVING (1 ea.)

<b>245</b> CALORIES	<b>4.3g</b> SAT FAT	<b>479mg</b> SODIUM	<b>30.1g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Soy, Wheat.

**Made With:** Grilled Cheese Sandwich RS IW (Whole Grain Bread Whole Grain Bread Whole Grain Bread Whole Grain Bread: Water, Ultragrain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Bread Base (Sugar, Soy Oil, Dextrose, Salt, Wheat Flour, Mono & Diglycerides, Calcium Stearoyl Lactylate, Wheat Gluten, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono & Diglycerides, Ammonium Sulfate, Ethoxylated Mono & Diglycerides, Guar Gum, , Ascorbic Acid, Monocalcium Phosphate, Potassium Iodite, Enzyme, Calcium Peroxide), Sugar, Yeast, Wheat Gluten, Calcium Propionate (Preservative). Reduced Sodium, Reduced Fat American Cheese Reduced Sodium, Reduced Fat American Cheese Reduced Sodium, Reduced Fat American Cheese Reduced Sodium, Reduced Fat American Cheese: Cultured , Pasteurized Milk and Skim Milk, Milk Fat, Whey Protein Concentrate, Contains less than 2% of Salt, Sodium Citrate, Potassium Citrate, Guar Gum, Locust Bean Gum, Xanthan Gum, Lactic Acid, Sorbic Acid (Preservative), APO-Carotenal and Beta Carotene (Color-If Colored), Enzymes, Vitamin A Palmitate, Soy Lecithin and Soybean Oil Blend. Mozzarella Cheese: Mozzarella Cheese: Mozzarella Cheese: Mozzarella Cheese: Pasteurized Part-Skim Milk, Cheese Cultures, Salt and Enzymes. Soybean Oil. Soybean Oil. Soybean Oil. Soybean Oil., )

# Hawaiian Pizza

## PER SERVING (1 slice)

<b>417</b> CALORIES	<b>7.2g</b> SAT FAT	<b>474mg</b> SODIUM	<b>45.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy, Wheat.

**Made With:** Big Daddy's Bold WG Cheese Pizza 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), BUTTER FLAVORED OIL WITH GARLIC (LIQUID AND HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR, SALT, ARTIFICIAL FLAVOR, SOY LECITHIN, BETA CAROTENE [COLOR], VITAMIN A PALMITATE), SUGAR, WHEAT GLUTEN, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, ASCORBIC ACID, WHEAT STARCH, SALT, ENZYMES. TOPPING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE, SOLIDS]), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH,, PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM, MILK, SALT, ENZYMES), SUGAR, DEXTROSE, SALT, DRIED, GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE, (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT,, ENZYMES), PAPRIKA, CITRIC ACID.); Pineapple Tidbits (PINEAPPLE, PINEAPPLE JUICE, CITRIC ACID.); All Natural Turkey Ham Slices (TURKEY THIGH MEAT WITH A PORTION OF GROUND TURKEY THIGH TRIM ADDED, VINEGAR, SUGAR, CONTAINS 2% OR LESS SEA SALT, CULTURED CELERY POWDER, SALT, POTASSIUM CHLORIDE, BAKING SODA, NATURAL SMOKE FLAVOR)

# Jalapeno Pepper Slices

## PER SERVING (1 tbsp.)

<b>0</b> CALORIES	<b>0.0g</b> SAT FAT	<b>174mg</b> SODIUM	<b>0.0g</b> CARBS
----------------------	------------------------	------------------------	----------------------

**Allergens:**

**Made With:** Sliced Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)

## Ketchup Simply

### PER SERVING (1 pump)

<b>17</b> CALORIES	<b>0.0g</b> SAT FAT	<b>133mg</b> SODIUM	<b>4.2g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:**

**Made With:** Ketchup, Simply, bulk (TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, SUGAR, SALT, ONION POWDER, SPICES, NATURAL FLAVORING.)

---

## Lettuce and Cheese Mix

### PER SERVING (1 serving)

<b>67</b> CALORIES	<b>3.4g</b> SAT FAT	<b>112mg</b> SODIUM	<b>1.5g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Milk.

**Made With:** Shredded Iceberg Lettuce (ICEBERG LETTUCE); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

---

# Mac and Cheese

## PER SERVING (6 oz.)

<b>291</b> CALORIES	<b>6.2g</b> SAT FAT	<b>1011mg</b> SODIUM	<b>31.8g</b> CARBS
------------------------	------------------------	-------------------------	-----------------------

**Allergens:** Contains Egg, Milk, Wheat.

**Made With:** RF WG Mac and Cheese (COOKED ENRICHED WHOLE GRAIN PASTA (WATER, WHOLE DURUM WHEAT FLOUR, SEMOLINA, EGG WHITES, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), REDUCED FAT AMERICAN CHEESE (CULTURED PASTEURIZED MILK AND SKIM MILK, SALT SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF LACTIC ACID, ANNATTO AND OLEORESIN PAPRIKA (COLOR), VITAMIN A PALMITATE, ENZYMES), WATER, MALTODEXTRIN, CONTAINS LESS THAN 2% OF NATURAL FLAVOR, AUTOLYZED YEAST EXTRACT, BUTTER (CREAM, SALT), FOOD STARCH-MODIFIED, XANTHAN GUM.)

---

# Marinara Dunk Cups

## PER SERVING (1 Container)

<b>15</b> CALORIES	<b>0.0g</b> SAT FAT	<b>120mg</b> SODIUM	<b>3.0g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:**

**Made With:** Marinara Sauce Cup 1 oz (TOMATO PUREE (WATER, TOMATO PASTE) HIGH FRUCTOSE CORN SYRUP, SALT, DRIED ONION, SPICES, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE), SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVOR)

# Mashed Potatoes

## PER SERVING (1/2 c.)

<b>80</b> CALORIES	<b>1.0g</b> SAT FAT	<b>103mg</b> SODIUM	<b>15.0g</b> CARBS
-----------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Municipal Water (WATER); Potato, mashed, dehydrated granules, BAF Signature (POTATO (DRY), SHORTENING POWDER [PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, AND LESS THAN 2% SODIUM SILICOALUMINATE (ANTI-CAKING AGENT)], MALTODEXTRIN, SUGAR, SALT, ENZYME MODIFIED WHOLE MILK (DRY), ARTIFICIAL PHOSPHATE, SPICE AND COLORING. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.)

---

# Mayo

## PER SERVING (1 pump)

<b>25</b> CALORIES	<b>0.3g</b> SAT FAT	<b>68mg</b> SODIUM	<b>2.0g</b> CARBS
-----------------------	------------------------	-----------------------	----------------------

**Allergens:** Contains Egg, Soy.

**Made With:** Mayonnaise (Front of the House) (WATER, CORN SYRUP, SOYBEAN OIL, DISTILLED WHITE VINEGAR, MODIFIED CORN STARCH\*, EGG YOLKS, ENZYME MODIFIED EGG YOLK\*, SALT, POTASSIUM SORBATE AND SODIUM BENZOATE (AS PRESERVATIVE)\*, ONION POWDER, MUSTARD FLOUR, CALCIUM DISODIUM EDTA (ADDED TO PROTECT FLAVOR. \*INGREDIENTS NOT IN REGULAR MAYONNAISE.)

---

# Meatball Sub

## PER SERVING (1 ea.)

<b>344</b> CALORIES	<b>5.6g</b> SAT FAT	<b>839mg</b> SODIUM	<b>37.2g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Soy, Wheat.

**Made With:** Deluxe Beef Meatballs, Advance Pierre, commodity (INGREDIENTS: Ground Beef (Not More Than 20% Fat), Water, Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2),, Cyanocobalamin (B12), (May Contain Caramel Color), (May Contain Soy Lecithin)], Meatball Seasoning [Dextrose, Tomato Powder, Soybean Oil, Disodium Inosinate and Disodium Guanylate, Spice Extractives, Nonfat Dry Milk], Peppers, Dehydrated Minced Onion, Bread Crumbs (Bleached Wheat Flour, Soybean Oil, Dextrose, Leavening {Sodium Acid Pyrophosphate, Sodium Bicarbonate}, Whey,, Oleoresin Paprika), Salt, Sodium Phosphate. CONTAINS: Milk, Soy, Wheat); Pasta Sauce (Peeled ground tomatoes, tomato puree, extra virgin olive oil, salt, garlic, carrot puree, dehydrated onions, sugar, basil, spices.); Hot Dog Bun (WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, YEAST, SALT, DOUGH SOFTENER, (WATER AND MONOGLYCEDIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID ADDED AS PRESERVATIVES), CALCIUM PROPIONATE AS MOLD INHIBITOR. STRENGTHENER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES). DOUGH CONDITIONER, (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONITRATE, RIBOFLAVIN, FOLIC ACID), ASCORBIC ACID, WHEAT GLUTEN, ENZYMES.); Shredded Parmesan Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENXYMES, POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING.)

# Mini Cheeseburger

## PER SERVING (1 pkg.)

<b>320</b> CALORIES	<b>6.0g</b> SAT FAT	<b>600mg</b> SODIUM	<b>35.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Soy, Wheat.

**Made With:** Mini Cheeseburger, Commodity (Fully Baked Whole Grain Bun: Water, Whole Wheat Flour, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Enzyme, Folic Acid.) Sugar, Instant Dry Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid). Contains 2% or Less of The Following: Soybean Oil, Salt,, Monoglycerides With Ascorbic Acid and Citric Acid (Antioxidants), Calcium Propionate (Preservative), Calcium Sulfate, Enzyme, Wheat Starch, Ascorbic Acid, Microcrystalline, Cellulose. Fully Cooked Flamebroiled Beef and Onion Patty: Ground Beef (Not More Than 20% Fat), Water, Onions, Textured Vegetable Protein Product (Soy Protein Concentrate,, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride,, Riboflavin, Cyanocobalamin). Seasoning (Hydrolyzed Corn Protein, Dextrose, Salt, Flavorings), Potassium Phosphate, Caramel Color. Sharp Pasteurized Process American, Cheese: Cultured Milk, Water, Cream, Sodium Phosphate, Salt, Lactic Acid, Sorbic Acid (Preservative), Color Added, Sodium Citrate, Enzymes.)

---

# Nachos with Beans and Cheese

## PER SERVING (1 ea.)

<b>566</b> CALORIES	<b>5.3g</b> SAT FAT	<b>645mg</b> SODIUM	<b>67.1g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk. Processed in a facility that also processes Soy.

**Made With:** Refried Beans, pinto, vegetarian (1/2c = 1/2c legume veg or 2 oz M/MA) , Recipe (Municipal Water (WATER); Refried Beans, pinto, vegetarian, low sodium, BAF Santiago (PINTO BEANS (DRY), SALT, PALM OIL.)); Cheddar Cheese Sauce (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, NONFAT DRY MILK, SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, SEASONING (POTASSIUM CHLORIDE, FLAVOR [CONTAINS MALTODEXTRIN]), AMERICAN CHEESE FLAVOR (A DEHYDRATED BLEND OF CHEESES [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, FOOD STARCH-MODIFIED, SODIUM PHOSPHATE, BUTTER [CREAM, SALT, ANNATTO], CALCIUM PHOSPHATE, LACTIC ACID), SALT, PAPRIKA EXTRACT, ANNATTO EXTRACT.); Tortilla Chips, IW (Whole grain corn masa flour, vegetable oil (may contain one or more of the following, high oleic safflower, mid oleic sunflower, corn or cottonseed Oil), and a trace of lime.)

---



# Nachos with Beef

## PER SERVING (1 ea.)

<b>460</b> CALORIES	<b>12.7g</b> SAT FAT	<b>544mg</b> SODIUM	<b>37.3g</b> CARBS
------------------------	-------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Jalapeno Cheese Sauce (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, NONFAT DRY MILK, SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, SEASONING (POTASSIUM CHLORIDE, NATURAL FLAVOR [CONTAINS MALTODEXTRIN]), AMERICAN CHEESE FLAVOR (A DEHYDRATED BLEND OF CHEESES [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, FOOD STARCH-MODIFIED, SODIUM PHOSPHATE, BUTTER [CREAM, SALT, ANNATTO], CALCIUM PHOSPHATE, LACTIC ACID), SALT, JALAPENO EXTRACTIVES, PAPRIKA EXTRACT, ANNATTO EXTRACT.); Tortilla Chips (Whole grain corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), Lime., , ); All Beef Crumble, Commodity (Ground beef (Not more than 20% fat), and less than 1% of the following: spice, salt, potassium chloride, natural flavors.); Yellow Onions (YELLOW ONION); Municipal Water (WATER); Canola/Olive Oil (CANOLA, EXTRA VIRGIN OLIVE OIL); Taco Seasoning (Spices (including chili pepper), salt, paprika, garlic, onion, sugar, silicon dioxide (anti-caking agent).); Garlic Powder (100% Garlic ); Onion Powder (ONION POWDER)

---

# Non Fat White Milk

## PER SERVING (1 Half Pint)

<b>90</b> CALORIES	<b>0.0g</b> SAT FAT	<b>135mg</b> SODIUM	<b>13.0g</b> CARBS
-----------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Nonfat White Milk Berkeley (NONFAT MILK, VITAMIN A PALMITATE, VITAMIN D3)

## O - Peppers, jalapeno, sliced, canned, drained, ready-to-serve

### PER SERVING (2 tbsp.)

<b>1</b> CALORIES	<b>0.0g</b> SAT FAT	<b>42mg</b> SODIUM	<b>0.1g</b> CARBS
----------------------	------------------------	-----------------------	----------------------

**Allergens:**

**Made With:** Jalapenos, sliced (JALAPENO PEPPERS, DISTILLED VINEGAR, SALT, GARLIC POWDER, CALCIUM CHLORIDE, SPICES)

## Orange Chicken w/ Rice

### PER SERVING (12 ea.)

<b>432</b> CALORIES	<b>2.5g</b> SAT FAT	<b>507mg</b> SODIUM	<b>58.2g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Soy, Wheat.

**Made With:** Golden Crispy Popcorn Chicken (CHICKEN, WATER, TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, SEASONING [BROWN SUGAR, SALT, ONION POWDER, CHICKEN STOCK, CANOLA OIL, YEAST EXTRACT, CARROT POWDER, VEGETABLE STOCK (CARROT, ONION, CELERY), GARLIC POWDER, MALTODEXTRIN, FLAVORS, SILICON DIOXIDE, CITRIC ACID AND SPICE], SEASONING (POTASSIUM CHLORIDE, RICE FLOUR), SODIUM PHOSPHATES. BREADED WITH: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, WHEAT GLUTEN, SUGAR, DRIED ONION, DRIED GARLIC, TORULA YEAST, SPICE, DEXTROSE, DRIED YEAST, TURMERIC EXTRACT (COLOR), PAPRIKA EXTRACT (COLOR). BREADING SET IN VEGETABLE OIL.); Rice, brown, oven, steamed (1/2c = 1 oz eq grain) , Recipe (Municipal Water (WATER); Long Grain Brown Rice (LONG GRAIN PARBOILED BROWN RICE)); Orange Sauce (SUGAR, WATER, VINEGAR, NATURALLY BREWED SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), MODIFIED CORN STARCH, ORANGE JUICE CONCENTRATE, DEHYDRATED ONION, NATURAL FLAVOR, CITRIC ACID, XANTHAN GUM, SPICES, GARLIC POWDER.)

## Peaches in Pear Juice

### PER SERVING (1/2 c.)

<b>50</b> CALORIES	<b>0.0g</b> SAT FAT	<b>10mg</b> SODIUM	<b>12.0g</b> CARBS
-----------------------	------------------------	-----------------------	-----------------------

**Allergens:**

**Made With:** Diced Yellow Peaches in Juice (PEACHES, WATER, PEAR JUICE FROM CONCENTRATE.)

---

## Pears

### PER SERVING (1/2 c.)

<b>82</b> CALORIES	<b>0.0g</b> SAT FAT	<b>7mg</b> SODIUM	<b>8.2g</b> CARBS
-----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Pears, Diced, Extra Light Syrup, Canned

---

## Pepperoni Pizza

### PER SERVING (1 slice)

<b>360</b> CALORIES	<b>9.0g</b> SAT FAT	<b>980mg</b> SODIUM	<b>31.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Wheat.

**Made With:** New York Pizza, Pepperoni Pizza 8cts (LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), WATER, WHOLE WHEAT, PIZZA SAUCE, (CRUSHED TOMATOES, SALT, SOYBEAN OIL, OLIVE OIL, ROMANO CHEESE [WHEY POWDER, MILK], SPICES, GARLIC, CITRIC ACID), PEPPERONI (PORK AND BEEF, SALT, WATER, DEXTROSE, SPICES, OLEORESIN OF PAPRIKA, LACTIC ACID STARTER CULTURE, GARLIC POWDER, SODIUM NITRITE [TO RETAIN COLOR], BHA AND BHT [AS ANTIOXIDANTS], CITRIC ACID), ENRICHED FLOUR (WHEAT FLOUR, ASCORBIC ACID, ENZYME, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SALT, SOYBEAN OIL, YEAST)

---

# Pepperoni Pizza

## PER SERVING (1 slice regular)

<b>432</b> CALORIES	<b>8.1g</b> SAT FAT	<b>550mg</b> SODIUM	<b>43.1g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy, Wheat.

**Made With:** Big Daddy's Bold WG Cheese Pizza 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), BUTTER FLAVORED OIL WITH GARLIC (LIQUID AND HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR, SALT, ARTIFICIAL FLAVOR, SOY LECITHIN, BETA CAROTENE [COLOR], VITAMIN A PALMITATE), SUGAR, WHEAT GLUTEN, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, ASCORBIC ACID, WHEAT STARCH, SALT, ENZYMES. TOPPING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE, SOLIDS]), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH,, PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM, MILK, SALT, ENZYMES), SUGAR, DEXTROSE, SALT, DRIED, GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE, (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT,, ENZYMES), PAPRIKA, CITRIC ACID.); Pepperoni Slices (PORK, BEEF, SALT, CONTAINS 2% OR LESS OF SPICES, DEXTROSE, OLEORESIN OF PAPRIKA, LACTIC ACID STARTER CULTURE, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID.)

# Pico de Gallo

## PER SERVING (2 tbsp.)

<b>3</b> CALORIES	<b>0.0g</b> SAT FAT	<b>29mg</b> SODIUM	<b>0.8g</b> CARBS
----------------------	------------------------	-----------------------	----------------------

### Allergens:

**Made With:** Crushed Tomatoes, Heinz (TOMATOES, TOMATO PUREE, CITRIC ACID.); Tomatoes, fresh, 1/4-inch diced, ready-to-serve (1/2c = 4.2 oz = 1/2c red/orange veg) , Recipe (Tomatoes 6x6 (TOMATO)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg) , Recipe (Yellow Onions (YELLOW ONION)); Lime Juice (LIME JUICE FROM CONCENTRATE); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Sliced Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg) , Recipe (Cilantro (CILANTRO (CORIANDER LEAVES)); Salt (SODIUM CHLORIDE, YELLOW PRUSSATE OF SODA AS AN ANTICAKING AGENT.); Sugar (SUGAR); Ground Cumin (CUMIN)

# Pineapple Tidbits

## PER SERVING (1/2 c.)

<b>63</b> CALORIES	<b>0.0g</b> SAT FAT	<b>0mg</b> SODIUM	<b>16.4g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------

### Allergens:

**Made With:** Pineapple Tidbits (PINEAPPLE, PINEAPPLE JUICE, CITRIC ACID.)

# Protein Pack with Sunflower Seeds

## PER SERVING (1 pkg.)

<b>561</b> CALORIES	<b>5.0g</b> SAT FAT	<b>597mg</b> SODIUM	<b>74.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Soy, Wheat.

**Made With:** Craisins; Sunflower Kernels (Non-GMO sunflower kernels, sunflower oil, salt.); Mozzarella String Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, AND ENZYMES.); Crackers, graham, honey, WGR, Keebler, 3 count (WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), SUGAR, CANOLA OIL, MOLASSES, HONEY, CORN SYRUP, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, SOY LECITHIN.); Goldfish Pretzels (Ingredients: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oils (Canola and/or Sunflower), Salt, Contains 2% or less of: Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Cornstarch, Monocalcium Phosphate), Malted Barley Flour, Nonfat Milk. Contains: Wheat, Milk.); Small Clam Shell Container

---

## Raisins

### PER SERVING (1 Box)

<b>132</b> CALORIES	<b>0.0g</b> SAT FAT	<b>10mg</b> SODIUM	<b>31.4g</b> CARBS
------------------------	------------------------	-----------------------	-----------------------

**Allergens:**

**Made With:** Raisins, box (Raisins. California grown.)

---

## Ready-to-Serve Apples

### PER SERVING (1 kiddie (<2-1/2" dia))

<b>48</b> CALORIES	<b>0.0g</b> SAT FAT	<b>1mg</b> SODIUM	<b>12.6g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------



**Allergens:**

**Made With:** Kiddie Sized Fresh Apples (APPLE)

---

## Red Pepper Flakes

### PER SERVING (1/4 tsp.)

<b>1</b> CALORIES	<b>0.0g</b> SAT FAT	<b>0mg</b> SODIUM	<b>0.3g</b> CARBS
----------------------	------------------------	----------------------	----------------------

**Allergens:**

**Made With:** Crushed Red Pepper Flakes (CRUSHED RED PEPPER)

---

## Red Seedless Grapes

### PER SERVING (1/2 c.)

<b>63</b> CALORIES	<b>0.0g</b> SAT FAT	<b>2mg</b> SODIUM	<b>16.4g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------

**Allergens:**

**Made With:** Red Grapes (GRAPES)

---

## Reduced Fat Cool Ranch Doritos

### PER SERVING (1 pkg.)

<b>132</b> CALORIES	<b>1.0g</b> SAT FAT	<b>162mg</b> SODIUM	<b>19.2g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Reduce Fat Cool Ranch (WHOLE CORN, CORN, VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), BUTTERMILK, SALT, CORN DEXTRIN, TOMATO POWDER, CORN STARCH, WHEY, CORN SYRUP SOLIDS, ONION POWDER, GARLIC POWDER, MONOSODIUM GLUTAMATE, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, AND ENZYMES), SKIM MILK, SUGAR, DEXTROSE, MALIC ACID, SODIUM ACETATE, ARTIFICIAL COLOR (INCLUDING RED 40, BLUE 1, AND YELLOW 5), SODIUM CASEINATE, DISODIUM PHOSPHATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, DISODIUM INOSINATE, AND DISODIUM GUANYLATE.)

## Satsuma Tangerine

### PER SERVING (1 ea.)

<b>50</b> CALORIES	<b>0.0g</b> SAT FAT	<b>0mg</b> SODIUM	<b>10.9g</b> CARBS
-----------------------	------------------------	----------------------	-----------------------

**Allergens:**

**Made With:** Satsuma Tangerine (Tangerine)

## Sliced Black Olives

### PER SERVING (1/2 c.)

<b>56</b> CALORIES	<b>0.0g</b> SAT FAT	<b>471mg</b> SODIUM	<b>3.8g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:**

**Made With:** Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE))



## Sliced Pepperoni

### PER SERVING (3 slice)

<b>25</b> CALORIES	<b>0.8g</b> SAT FAT	<b>83mg</b> SODIUM	<b>0.1g</b> CARBS
-----------------------	------------------------	-----------------------	----------------------

**Allergens:**

**Made With:** Pepperoni Slices (PORK, BEEF, SALT, CONTAINS 2% OR LESS OF SPICES, DEXTROSE, OLEORESIN OF PAPRIKA, LACTIC ACID STARTER CULTURE, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID.)

---

## Soy Sauce

### PER SERVING (1 tbsp.)

<b>10</b> CALORIES	<b>0.0g</b> SAT FAT	<b>575mg</b> SODIUM	<b>1.0g</b> CARBS
-----------------------	------------------------	------------------------	----------------------

**Allergens:** Contains Gluten, Soy, Wheat.

**Made With:** Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.)

---

## Spaghetti with All Beef Meat Sauce

### PER SERVING (2 #8 scoop)

<b>239</b> CALORIES	<b>3.4g</b> SAT FAT	<b>355mg</b> SODIUM	<b>26.6g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Wheat. Processed in a facility that also processes Egg.

**Made With:** Pasta Sauce (Peeled ground tomatoes, tomato puree, extra virgin olive oil, salt, garlic, carrot puree, dehydrated onions, sugar, basil, spices.); All Beef Crumble, Commodity (Ground beef (Not more than 20% fat), and less than 1% of the following: spice, salt, potassium chloride, natural flavors.); Diced Tomatoes (VINE-RIPENED TOMATOES, TOMATO JUICE, LESS THAN 2% OF: CALCIUM CHLORIDE, CITRIC ACID\*. \*NATURALLY DERIVED); Spaghetti Pasta, whole wheat (WHOLE DURUM WHEAT FLOUR); Canola/Olive Oil (CANOLA, EXTRA VIRGIN OLIVE OIL)

---

## Spaghetti with Marinara Sauce and Mozzarella Cheese

### PER SERVING (2 #6 scoop)

<b>328</b> CALORIES	<b>4.2g</b> SAT FAT	<b>624mg</b> SODIUM	<b>49.7g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat. Processed in a facility that also processes Egg.

**Made With:** Municipal Water (WATER); Pasta Sauce (Peeled ground tomatoes, tomato puree, extra virgin olive oil, salt, garlic, carrot puree, dehydrated onions, sugar, basil, spices.); Spaghetti Pasta, whole wheat (WHOLE DURUM WHEAT FLOUR); Shredded Mozzarella Cheese, LOL (CULTURED PASTEURIZED PART-SKIM MILK, SALT, ENZYMES, ANTICAKING BLEND [ POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR)].)

# Spicy Chicken Sandwich

## PER SERVING (1 ea.)

<b>410</b> CALORIES	<b>3.5g</b> SAT FAT	<b>680mg</b> SODIUM	<b>44.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Soy, Wheat.

**Made With:** Chicken Patty, hot/spicy, whole grain, Tyson (CHICKEN, WATER, WHOLE WHEAT FLOUR, TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, CONTAINS 2% OR LESS OF THE FOLLOWING: BROWN SUGAR, CANOLA OIL, CARROT POWDER CITRIC ACID, CORN STARCH, EXTRACTIVES OF PAPRIKA, GARLIC POWDER, LEAVENING (CREAM OF TARTAR, BAKING SODA), MALTODEXTRIN, NATURAL FLAVORS, ONION POWDER, SALT, SPICES (INCLUDING CELERY SEED), SUGAR, VEGETABLE STOCK (CARROT, ONION, CELERY), WHEAT GLUTEN, YEAST EXTRACT. BREADING SET IN VEGETABLE OIL.); White Wheat Hamburger Bun (WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, YEAST, SALT, DOUGH SOFTENER, (WATER AND MONOGLYCIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID ADDED AS PRESERVATIVES), CALCIUM PROPIONATE AS MOLD INHIBITOR. STRENGTHENER (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENZYMES). DOUGH CONDITIONER, (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONITRATE, RIBOFLAVIN, FOLIC ACID), ASCORBIC ACID, WHEAT GLUTEN, ENZYMES.))

---

# Spicy Chicken Tenders

## PER SERVING (5 strips)

<b>435</b> CALORIES	<b>4.2g</b> SAT FAT	<b>652mg</b> SODIUM	<b>28.4g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Soy, Wheat.

**Made With:** Spicy Chicken Tender, Tyson (CHICKEN, WATER, TEXTURED SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, SEASONING [BROWN SUGAR, SALT, ONION POWDER, CHICKEN STOCK, CANOLA OIL, YEAST EXTRACT, CARROT POWDER, VEGETABLE STOCK (CARROT, ONION, CELERY), GARLIC POWDER, MALTODEXTRIN, FLAVORS, SILICON DIOXIDE, CITRIC ACID AND SPICE], SEASONING (POTASSIUM CHLORIDE, RICE FLOUR), SODIUM PHOSPHATES. BREADED WITH: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED WHEAT STARCH, SALT, SPICES, ONION POWDER, SUGAR, MODIFIED CORN STARCH, WHEAT GLUTEN, YEAST EXTRACT, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, MALTODEXTRIN, LACTIC ACID, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVORS, DEXTROSE, SPICE EXTRACTIVE)

---

# Strawberries

## PER SERVING (1/2 c.)

<b>123</b> CALORIES	<b>0.0g</b> SAT FAT	<b>4mg</b> SODIUM	<b>33.2g</b> CARBS
------------------------	------------------------	----------------------	-----------------------

**Allergens:**

**Made With:** Frozen Sliced Strawberries (STRAWBERRIES, SUGAR)

# Supreme Pizza

## PER SERVING (1 slice regular)

<b>477</b> CALORIES	<b>8.9g</b> SAT FAT	<b>733mg</b> SODIUM	<b>45.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy, Wheat.

**Made With:** Big Daddy's Bold WG Cheese Pizza 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), BUTTER FLAVORED OIL WITH GARLIC (LIQUID AND HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR, SALT, ARTIFICIAL FLAVOR, SOY LECITHIN, BETA CAROTENE [COLOR], VITAMIN A PALMITATE), SUGAR, WHEAT GLUTEN, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, ASCORBIC ACID, WHEAT STARCH, SALT, ENZYMES. TOPPING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE, SOLIDS]), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH,, PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM, MILK, SALT, ENZYMES), SUGAR, DEXTROSE, SALT, DRIED, GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE, (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT,, ENZYMES), PAPRIKA, CITRIC ACID.); Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE)); Italian Sausage Crumbles (PORK, WATER, SEASONINGS (SPICES, SUGAR, SALT, HYDROLYZED SOY PROTEIN, GARLIC POWDER, ONION POWDER, SOYBEAN OIL), TEXTURED VEGETABLE PROTEIN PRODUCT (TEXTURED SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, SPICES, PAPRIKA, GARLIC POWDER, CARAMEL COLOR, BHA, BHT AND CITRIC ACID.); Green Bell Peppers (GREEN SWEET PEPPER); Pepperoni Slices (PORK, BEEF, SALT, CONTAINS 2% OR LESS OF SPICES, DEXTROSE, OLEORESIN OF PAPRIKA, LACTIC ACID STARTER CULTURE, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID.)

# Tacos Soft, Regular, Chicken Fajita

## PER SERVING (2 ea.)

<b>325</b> CALORIES	<b>5.5g</b> SAT FAT	<b>708mg</b> SODIUM	<b>34.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Soy, Wheat.

**Made With:** Tortilla 6" (Ingredients: Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of: Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Cellulose Gum, Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness)., ); Fajita Chicken (Boneless, skinless chicken, chicken broth, modified food starch, seasoning (dextrose, salt, spice, dehydrated garlic, maltodextrin, dehydrated onion, natural flavors), soy protein concentrate, seasoning (salt, spices, dehydrated garlic, dehydrated onion), sodium phosphates, natural flavor.); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

---

# Tacos, All Beef Soft

## PER SERVING (2 tacos)

<b>323</b> CALORIES	<b>6.4g</b> SAT FAT	<b>597mg</b> SODIUM	<b>33.5g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** Tortilla 6" (Ingredients: Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of: Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Cellulose Gum, Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness)., ); All Beef Crumble, Commodity (Ground beef (Not more than 20% fat), and less than 1% of the following: spice, salt, potassium chloride, natural flavors.); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR))); Yellow Onions (YELLOW ONION); Municipal Water (WATER); Canola/Olive Oil (CANOLA, EXTRA VIRGIN OLIVE OIL); Taco Seasoning (Spices (including chili pepper), salt, paprika, garlic, onion, sugar, silicon dioxide (anti-caking agent).); Garlic Powder (100% Garlic ); Onion Powder (ONION POWDER)

---

# Tater Tots

## PER SERVING (1/2 c.)

<b>130</b> CALORIES	<b>1.0g</b> SAT FAT	<b>309mg</b> SODIUM	<b>16.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:**

**Made With:** Tater Tots, potato, ORE-IDA (POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN). CONTAINS 2% OR LESS OF DEXTROSE, NATURAL FLAVOR, SALT, SODIUM ACID, PYROPHOSPHATE ADDED TO MAINTAIN NATURAL COLOR.)

# Tortilla Chips

## PER SERVING (1 package (2 oz))

<b>280</b> CALORIES	<b>0.0g</b> SAT FAT	<b>10mg</b> SODIUM	<b>36.0g</b> CARBS
------------------------	------------------------	-----------------------	-----------------------

**Allergens:** Processed in a facility that also processes Milk, Soy.

**Made With:** Tortilla Chips, IW (Whole grain corn masa flour, vegetable oil (may contain one or more of the following, high oleic safflower, mid oleic sunflower, corn or cottonseed Oil), and a trace of lime.)

---

# Turkey Bacon Club Sandwich

## PER SERVING (1 sandwich)

<b>356</b> CALORIES	<b>5.8g</b> SAT FAT	<b>977mg</b> SODIUM	<b>34.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** Hoagie Roll 6" (WHITE WHOLE WHEAT FLOUR, DOUGH CONDITIONER {WHOLE WHEAT FLOUR, WHEAT GLUTEN, WHOLE GRAIN YELLOW CORN FLOUR, ORGANIC OAT FLOUR, WHOLE GRAIN BARLEY FLOUR, WHOLE GRAIN TRITICALE FLOUR, SUGAR, SALT, WHOLE GRAIN RYE FLOUR, CONTAINS 2% OR LESS OF SOY OIL, HONEY, MONO-DIGLYCERIDES, ETHOXYLATED MONO-DIGLYCERIDES, CALCIUM SEAROYL LACTYLATE (CSL), WEHAT SOUR, ASCORBIC ACID, ENGYMATE, SUCRALOSE.} WATER, YEAST, DOUGH SOFTENER (WATER AND MONOGLYCERIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID ADDED AS PRESERVATIVES), GLUTEN, CALCIUM PROPIONATE AS MOLD INHIBITOR.); Sliced Oven Roasted Turkey Breast (TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS: SALT, SUGAR, ROSEMARY EXTRACT, BAKING SODA. ); Cheddar Cheese Slice (CULTURED PASTERUIZED REDUCED FAT MILK, SALT, ENZYMES, ANNATTO (COLOR). VITAMIN A PALMITATE. ); Turkey Bacon, Fully Cooked, Jennie-O (DARK TURKEY, WHITE TURKEY, WATER, SUGAR, SALT, CONTAINS 2% OR LESS NATURAL SMOKE FLAVORING, SODIUM ERYTHORBATE, NATURAL FLAVORING, SODIUM NITRITE, VEGETABLE OIL)

---



# Turkey Sandwich

## PER SERVING (1 sandwich)

<b>276</b> CALORIES	<b>4.8g</b> SAT FAT	<b>702mg</b> SODIUM	<b>26.0g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Gluten, Milk, Wheat.

**Made With:** Wheat Loaf Bread (Water, White Whole Wheat Flour, Enriched Wheat Flour (with Niacin, reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Yeast, Salt, Dough Softener (water and monoglycerides with propionic acid and Phosphoric acid added as preservatives), Calcium Propionate as mold inhibitor. Strengtheners (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) enzymes), dough conditioner, (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), ascorbic acid, wheat gluten, enzymes.)); Sliced Oven Roasted Turkey Breast (TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS: SALT, SUGAR, ROSEMARY EXTRACT, BAKING SODA. ); Cheddar Cheese Slice (CULTURED PASTERUIZED REDUCED FAT MILK, SALT, ENZYMES, ANNATTO (COLOR). VITAMIN A PALMITATE. ); Film Wrap

# Vegetarian Taco Salad

## PER SERVING (1 salad)

<b>463</b> CALORIES	<b>9.1g</b> SAT FAT	<b>281mg</b> SODIUM	<b>58.1g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk.

**Made With:** Shredded Iceberg Lettuce (ICEBERG LETTUCE); Pinto Beans (PREPARED PINTO BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND CALCIUM DISODIUM EDTA (PROMOTES COLOR RETENTION). ); Tortilla Chips (Whole grain corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), Lime., , ); Fresh Tomatoes (TOMATO); Shredded Cheddar Cheese, Land O Lakes (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR)), ANTICAKING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL INHIBITOR)).)

# Veggie Pizza

## PER SERVING (1 slice regular)

<b>413</b> CALORIES	<b>7.0g</b> SAT FAT	<b>497mg</b> SODIUM	<b>44.9g</b> CARBS
------------------------	------------------------	------------------------	-----------------------

**Allergens:** Contains Milk, Soy, Wheat.

**Made With:** Big Daddy's Bold WG Cheese Pizza 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), BUTTER FLAVORED OIL WITH GARLIC (LIQUID AND HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR, SALT, ARTIFICIAL FLAVOR, SOY LECITHIN, BETA CAROTENE [COLOR], VITAMIN A PALMITATE), SUGAR, WHEAT GLUTEN, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, ASCORBIC ACID, WHEAT STARCH, SALT, ENZYMES. TOPPING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE, SOLIDS]), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH,, PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM, MILK, SALT, ENZYMES), SUGAR, DEXTROSE, SALT, DRIED, GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE, (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT,, ENZYMES), PAPRIKA, CITRIC ACID.); Fresh Tomatoes (TOMATO); Green Bell Peppers (GREEN SWEET PEPPER); Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE)); Mushroom Slices (MUSHROOMS); Yellow Onions (YELLOW ONION)

# Yellow Mustard

## PER SERVING (1 pump)

<b>0</b> CALORIES	<b>0.0g</b> SAT FAT	<b>180mg</b> SODIUM	<b>0.0g</b> CARBS
----------------------	------------------------	------------------------	----------------------

**Allergens:**

**Made With:** Yellow Mustard (Front of the House) (DISTILLED WHITE VINEGAR, MUSTARD SEED, WATER, SALT, TURMERIC, NATURAL FLAVOR AND SPICES.)