

PAUSD Student Nutrition Services Newsletter

February-March 2017-2018

Secondary School Ala Carte/Snack Tasting Day

The Student Nutrition Services Department, in conjunction with the PAUSD Wellness Council, have been requested to review and adjust the ala carte snack selections available for students to purchase at the secondary schools. The main emphasis of the review is to offer healthier alternatives.

Student Nutrition Services will be hosting an Ala Carte Tasting Day on Thursday, February 22nd in the JLS Training Room (Room 730) from 2:30pm-5:00pm for all secondary students, parents and interested community members. We want to give students and parents the opportunity to have a voice and input into the potential replacements and to solicit feedback with those selections and any additional suggestions via a short survey conducted at the event.

There will be a Label Reading Activity available for students to participate in. Upon completion students can submit their results to be included in a drawing for prizes.

It is our plan to begin making changes effective the week students return from Spring Break.



Annual Future Chef Competition

While healthy eating can be a challenge for kids and parents, elementary school students from PAUSD will use their creativity and culinary skills to make healthy, Asian fusion recipes as part of Student Nutrition Services and Sodexo's 2018 Future Chefs Competition held at the JLS Cafetorium on March 21st., from 2:30pm-5:00pm.

The national initiative, in its eighth year, was created to get students thinking about making healthy food choices while also encouraging them to get active and creative in the kitchen. All elementary students in PAUSD are encouraged to submit recipes in this fun and educational challenge. Recipe submission forms are available at each elementary school office and in the lunch room. The submission deadline is Friday, February 23rd.

Winning recipes are chosen from each school and the finalists prepare and present their creations in the district-wide contest which will be judged on originality, taste, ease of presentation, kid friendliness and use of healthy ingredients.



The PAUSD Grand Prize Winner will be considered for a regional finalist award, and the selected regional finalists will vie to become one of five national finalists competing for the public's vote on a special Future Chefs YouTube channel.

The Future Chefs program is one of the many ways Student Nutrition Services Department and Sodexo shares its health and well-being initiatives with customers and communities we serve.

Let the competition begin!!