Caring Presence- Supporting our Children in their Grief

Led by: Jaymie Byron from KARA

Jaymie Byron is the Director of Community Outreach and Crisis Response for KARA. As a nonprofit organization serving the San Francisco Bay Area since 1976, KARA provides comprehensive grief support, crisis intervention and education to individuals and communities facing the difficult realities of grief and loss. Through a time-tested and highly effective peer support model adopted from the Shanti Model of peer support originated by Dr. Charles Garfield, over 150 volunteers compassionately serve children and adults on their journey through grief so they can move toward renewed hope and meaning. KARA services are designed to be accessible for all and are primarily funded by charitable donations and the community’s heartfelt generosity.

Training Goal
This training is intended to provide community members with additional skills to address their children’s grief by developing a foundation of knowledge on grief, growing one’s sense of compassion, and providing opportunities to reflect inward on one’s own grief history.

Through psycho-education, experiential exercises, and group discussion attendees will learn to:
- Use tools that will allow them to recognize symptoms of grief
- Support those in grief
- Gain skills to use a framework to process loss

Choice of two dates:

Thursday, August 24, 2017
7:00-8:30 pm
Cubberley Community Center
4000 Middlefield Rd,
Palo Alto, CA 94303

or

Thursday, August 31, 2017
7:00-8:30 pm
Cubberley Community Center
4000 Middlefield Rd,
Palo Alto, CA 94303

Open to all families and community members of PAUSD
Interpretation in Mandarin and Spanish will be available
Childcare will be provided

Sponsored by Wellness & Support Services, Palo Alto Unified School District